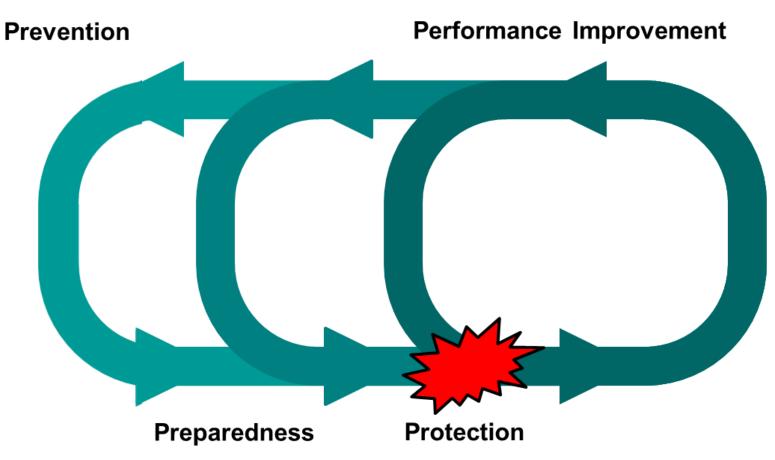


Bystander Rescue Care CareUniversity Series

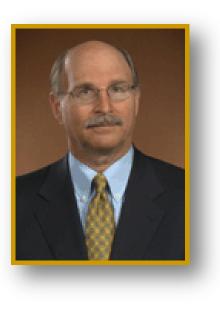
The New Normal & The 4 P's





Bystander Rescue Care CareUniversity Series

Welcome



Charles Denham, MD

Chairman, TMIT Global Founder Med Tac Bystander Rescue Care

Med Tac Bystander Rescue Care July 1, 2021

CareUniversity Webinar 165



Our Purpose, Mission, and Values



Our Purpose:

We will measure our success by how we protect and enrich the lives of families...patients <u>AND</u> caregivers.

EMERGING THREATS COMMUNITY OF PRACTICE

CAREUNIVERSITY®

Our Mission:

To accelerate performance solutions that save lives, save money, and create value in the communities we serve and ventures we undertake.

Our ICARE Values:

Integrity, Compassion, Accountability, Reliability, and Entrepreneurship.



Disclosure Statement

The following panelists certify that unless otherwise noted below, each presenter provided full disclosure information; does not intend to discuss an unapproved/investigative use of a commercial product/device; and has no significant financial relationship(s) to disclose. If unapproved uses of products are discussed, presenters are expected to disclose this to participants. None of the participants have any relationship pharmaceutical or device companies discussed in their presentations. The funding of the program is from the Denham Family fund of TMIT Global, a 501c3 Medical Research Organization

- Gregory H. Botz, MD, FCCM, has nothing to disclose.
- William Adcox has nothing to disclose.
- Jennifer Dingman has nothing to disclose.
- Heather Foster has nothing to disclose.
- Danny Policicchio has nothing to disclose.
- Jaime Yrastorza has nothing to disclose.
- Randy Styner has nothing to disclose.
- Heather Foster has nothing to disclose.
- David Beshk has nothing to disclose.
- Jaime Yrastorza has nothing to disclose.
- Paul Bhatia has nothing to disclose.

Charles Denham, MD, is the Chairman of TMIT Global; a former TMIT education grantee of CareFusion and AORN with co-production by Discovery Channel for *Chasing Zero* documentary and Toolbox including models; and an education grantee of GE with co-production by Discovery Channel for *Surfing the Healthcare Tsunami* documentary and Toolbox, including models. HCC is a former contractor for GE and CareFusion, and a former contractor with Siemens and Nanosonics, which produces a sterilization device, Trophon. HCC is a former contractor with Senior Care Centers. HCC is a former contractor for ByoPlanet, a producer of sanitation devices for multiple industries. He does not currently work with any pharmaceutical or device company. His current area of research is in threat management to institutions including conflict of interest, healthcare fraud, and continuing professional education and consumer education including bystander care. Dr. Denham is the developer and producer of CareUniversity[™], the learning management system providing continuing education materials for TMIT Global.



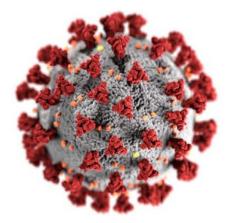
Bystander Rescue Care CareUniversity Series

Voice of the Patient



Jennifer Dingman

Founder, Persons United Limiting Substandard and Errors in Healthcare (PULSE), Colorado Division Co-founder, PULSE American Division TMIT Patient Advocate Team Member Pueblo, CO





Bystander Rescue Care CareUniversity Series



Jennifer Dingman



Dr. Gregory Botz





Heather Foster RN



William Adcox



Randy Styner



David Beshk



Jaime Yrastorza



Paul Bhatia EMT



Charlie Denham III



D Policicchio



Melanie Rubalcava



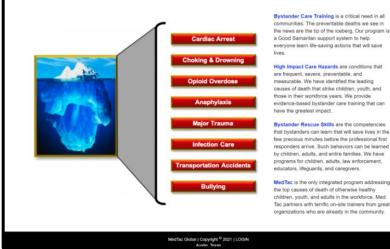
Perry Bechtle III

https://www.medtacglobal.org/



The Battle Against Failure to Rescue

The Med Tac Program was developed by a team originally focused on active shooter events. When they found that there at least 8 leading causes of preventable death including severe bleeding and that there was no integrated program to teach the public what they can do to save lives and prevent "failure to rescue" before EMS arrives, Med Tac was nor. In many cases bystander rescue care can triple survival if the public knows what to do. The program was funded through 2019 by philanthropy through TMIT Global, a 501c3 medical research organization that teads a global patient safety community of practice found at www.SafetyLeaders.org. With the development of the Coronavirus crisis, our rapid response team has prioritized inflection Care as one of our major focus areas. As of January 1st, 2020 the team has published four articles.



Cardiac Arrest Choking & Drowning **Opioid Overdose** Anaphylaxis **Major Trauma** Infection Care **Transportation Accidents** Bullying

Bystander Care Training is a critical need in all communities. The preventable deaths we see in the news are the tip of the iceberg. Our program is a Good Samaritan support system to help everyone learn life-saving actions that will save lives.

High Impact Care Hazards are conditions that are frequent, severe, preventable, and measurable. We have identified the leading causes of death that strike children, youth, and those in their workforce years. We provide evidence-based bystander care training that can have the greatest impact.

Bystander Rescue Skills are the competencies that bystanders can learn that will save lives in the few precious minutes before the professional first responders arrive. Such behaviors can be learned by children, adults, and entire families. We have programs for children, adults, law enforcement, educators, lifeguards, and caregivers.

MedTac is the only integrated program addressing the top causes of death of otherwise healthy children, youth, and adults in the workforce. Med Tac partners with terrific on-site trainers from great organizations who are already in the community.

High Impact Care Hazards to Patients, Students, and Employees

Active Shooter



Cardiac Arrest

Choking & Drowning

Opioid Overdose



Major Trauma

Infections

Transportation Accidents

Bullying

Med Tac **Story Article** Campus Safety BYSTANDERS & MEDICAL EMERGENCIES





Rapid Response Teams Article



AED & Bleeding Control Gear Article



Automated Externa Defibrillator
& Bleeding Control Gear Placement

Family Safety Plan Article



A Medical-Tactical Approach undertaken by clinical and non-clinical people can have enormous impact on los of life and harm from very common hazards:

- High Impact Care Hazards are frequent, severe, preventable, and measurable.
- **Lifeline Behaviors** undertaken by anyone can save lives.

Supports today's webinar

TMIT Global Research Test Bed

3,100 Hospitals in 3,000 Communities 500 Subject Matter Expert Pool Developed over 35 Years



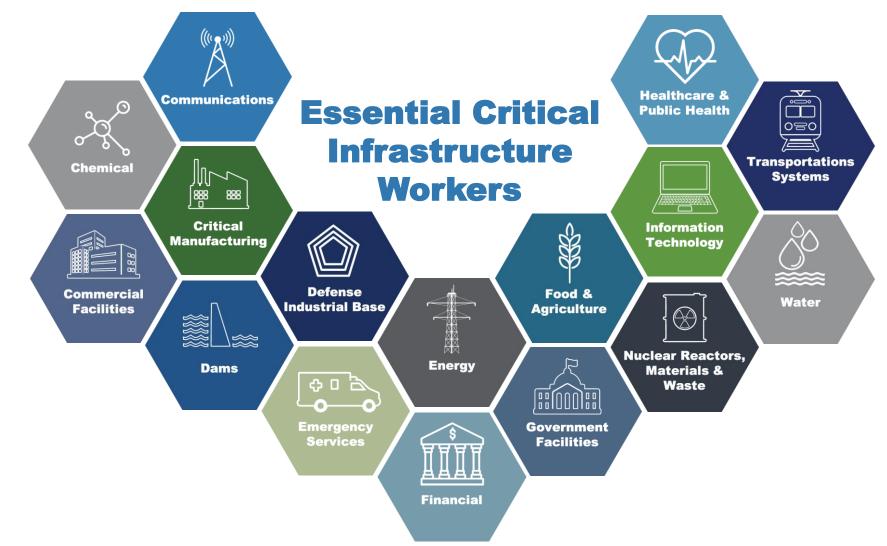
Survive & Thrive Guide: Protecting Your Family



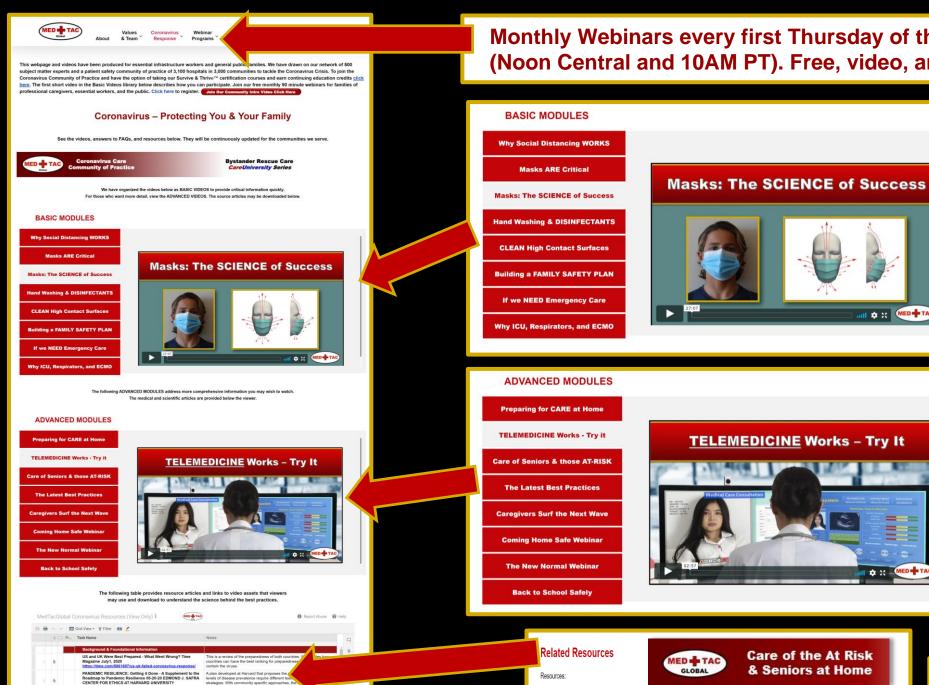
Essential Critical Workforce Infrastructure

Educators Declared Essential Critical Infrastructure Workers





Med Tac Bystander Rescue Care



to be successful in suppressing COVID-19 in the US

been one of our heroes of patient Safety. He provides a terraic evidence based description of the valuable practices we need to

Amid the Coronavirus Crisis, a Regimen for Rentry, New Yorker One of the best articles to be read by all audiences. D

05-15-20 DrAtul Gwande

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Monthly Webinars every first Thursday of the month at 1PM ET (Noon Central and 10AM PT). Free, video, and resources posted.

MED TAC

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Care of the At Risk

& Seniors at Home

**

BASIC MODULES:

- Short Videos 4-10 min
- **Critical Information**
- Hits Pillars of Prevention

ADVANCED MODULES:

- Longer more detailed
- Webinar Recordings
- **Technical Information**

www.medtacglobal.org/coronavirus-response/



Bystander Rescue Care CareUniversity Series



John Nance JD





Dr. Gregory Botz

- **Chief William Adcox**
- **Heather Foster**





Dr. Charles Denham

Dr. Casey Clements







Dr. McDowell

Becky Martins





Dennis Quaid

Betsy Denham

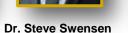
Preston Head III





Dr. Chris Fox

Fred Haise



Tyler Sant

Randy Styner



Tom Renner

Dr. Mary Foley

David Beshk

À







Nancy Conrad



Dr. Chopra





Charlie Denham III

John Little

Debbie Medina



Bob Chapman



Ann Rhoades



Dr. C Peabody









Bystander Rescue Care CareUniversity Series



















Matt Horace

John Tomlinson

Dan Ford

Arlene Salamendra Jennifer Dingman **Bill George**

Penny George

Hilary Schmidt PhD

Paul Bhatia EMT

Dr. McDowell

Contributions Through Segments of our *Discovery Channel* **Documentaries**





Jim Collins

C Sullenberger

Charlotte Guglielmi

Dr. Don Berwick





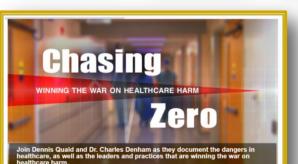


Dr. Howard Koh

Dr. Jim Bagian

Dr. Harvey Fineberg



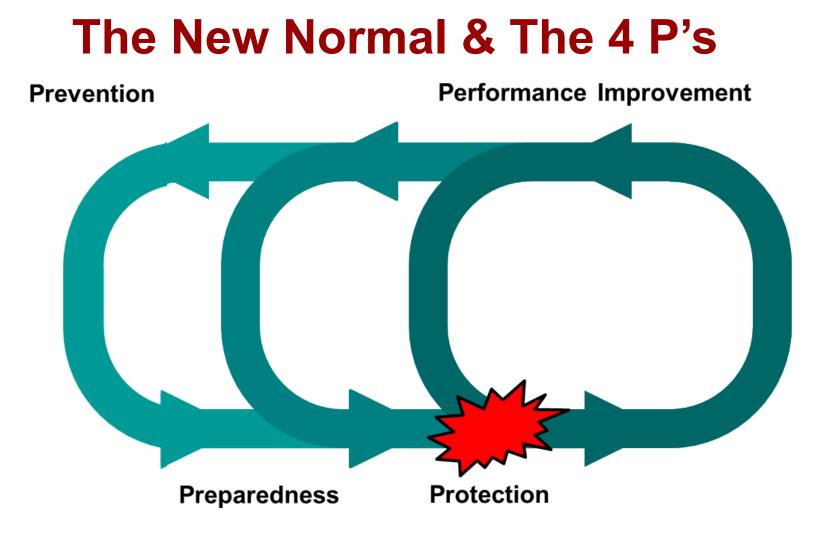




CareUniversity

Med Tac Bystander Rescue Care







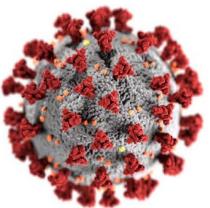
Bystander Rescue Care CareUniversity Series

The New Normal and the 4 P's A Survive & Thrive Guide[™]

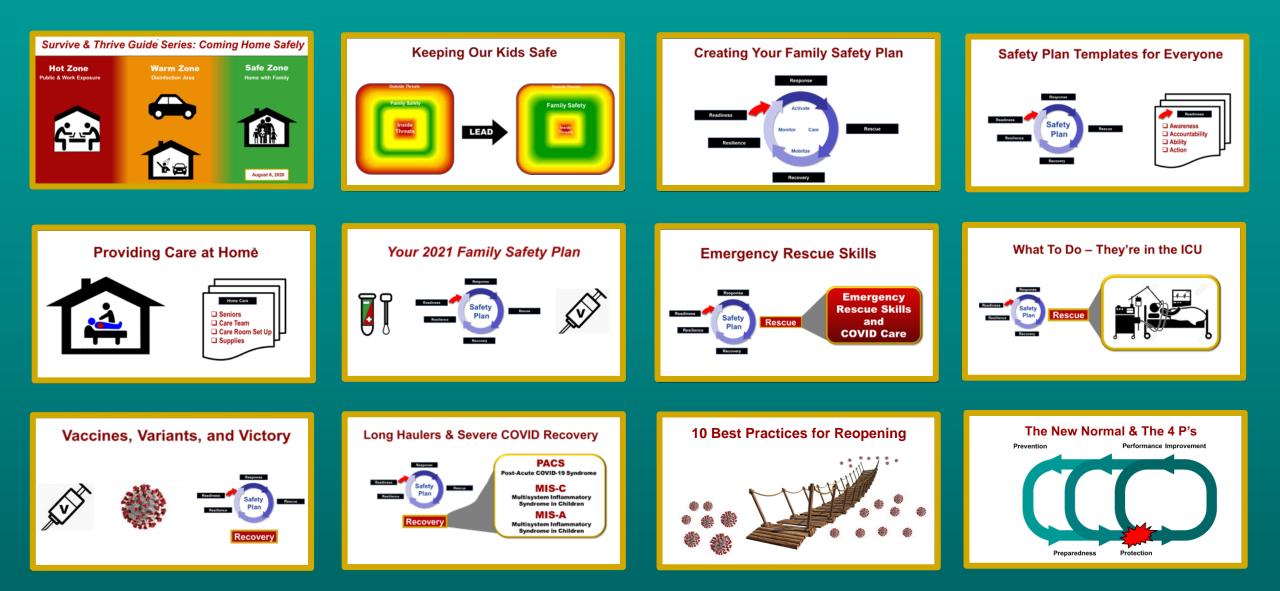


William Adcox, MBA

Chief of Police and Chief Security Officer MD Anderson Cancer Center and The University of Texas Health Science Center, Houston, TX

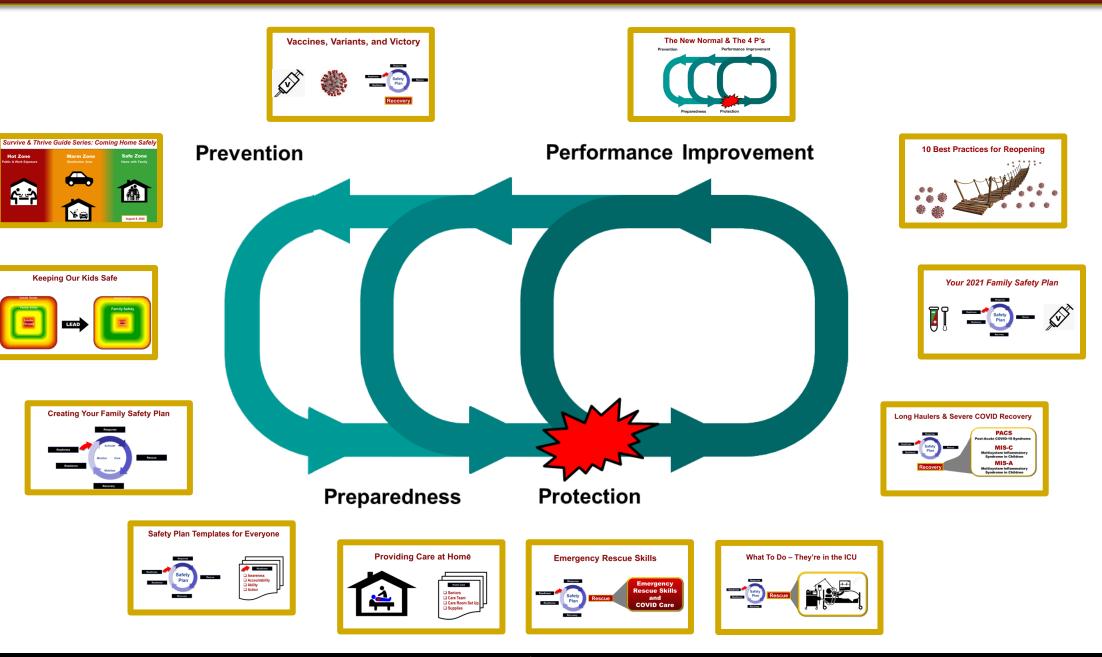


Survive & Thrive Guide[™] Program Road Map





Survive & Thrive Guides: Prevention, Preparedness, Protection, and Performance Improvement



10 Principles and 10 Best Practices for Re-opening.

10 Principles:

- **1. Break Family Transmission Chains**
- 2. Vaccinate the Family
- 3. Don't Share the Air
- 4. Turn the Science into Safety
- 5. Establish a Safety Leader
- 6. Readiness
- 7. Response
- 8. Rescue
- 9. Recovery
- 10. Resilience

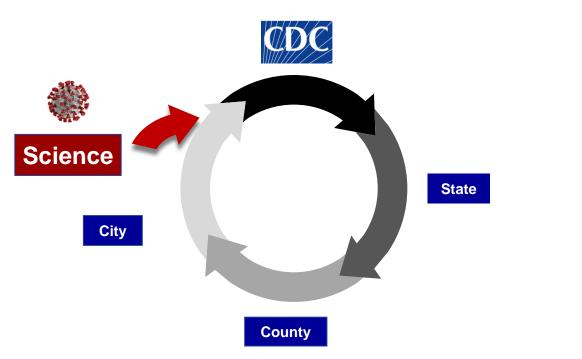


10 Best Practices:

- 1. Vaccines Take the Shots
- 2. Coming Home Safe
- 3. Keeping the Family Safe
- 4. Creating a Family Safety Plan
- 5. Practicing the Family Safety Plan
- 6. Providing Care at Home
- 7. Emergency Rescue Skills
- 8. What to Do They're in ICU
- 9. Long Haulers & COVID Recovery
- 10. The 4 P's at the New Normal

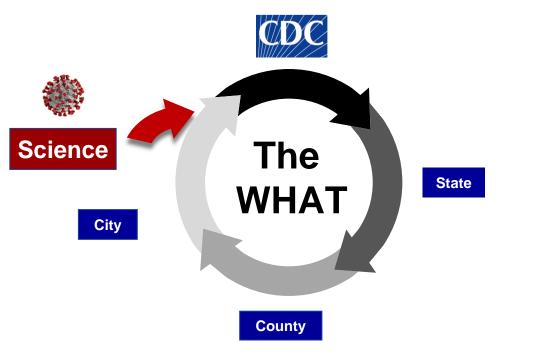
The Science is Evolving

Public Health Guidelines

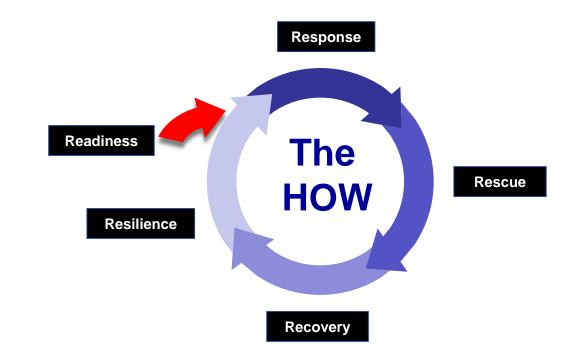


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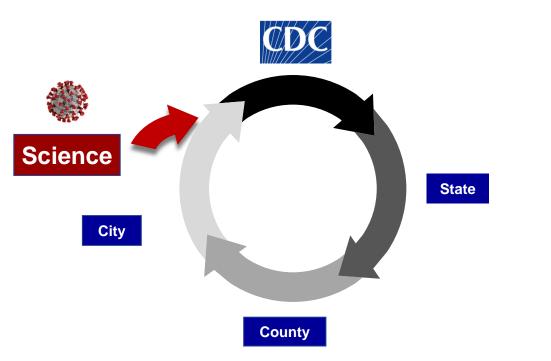
Family Safety Plans



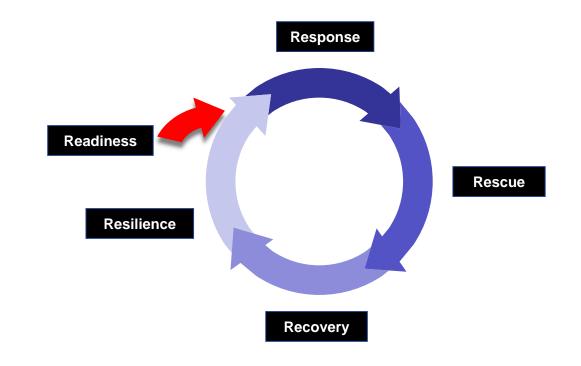
Survive & Thrive Guide: Keeping Your Family Safe

Turn the Science into Safety

Public Health Guidelines



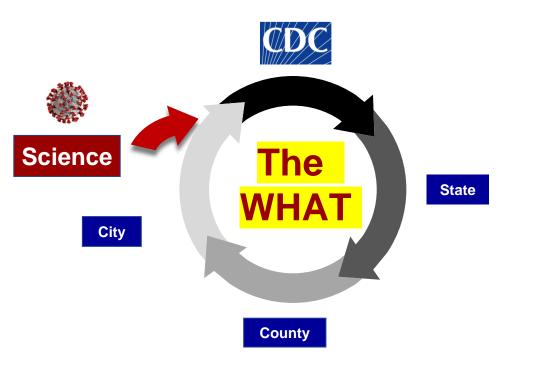
Family Safety Plans



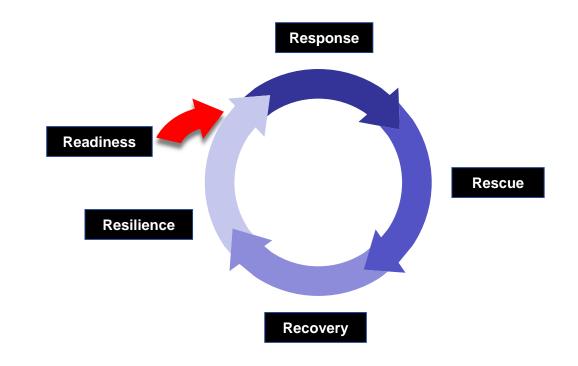
Survive & Thrive Guide: Keeping Your Family Safe

They tell the WHAT....

Public Health Guidelines



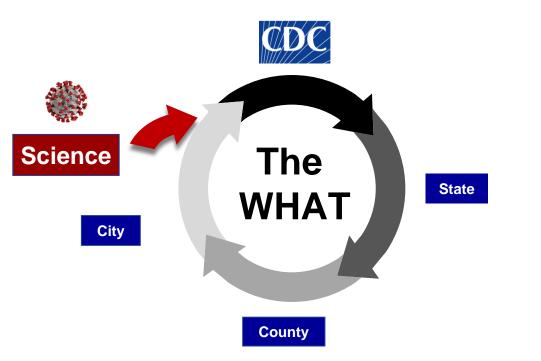
Family Safety Plans



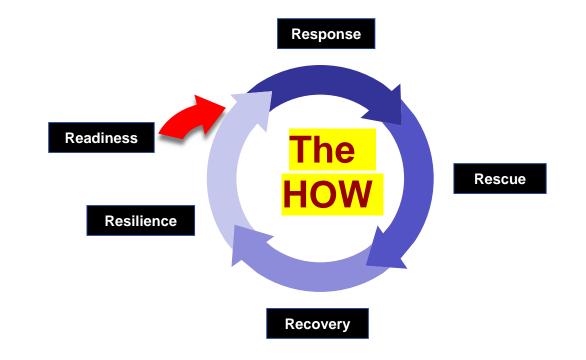
Med Tac Bystander Rescue Care

They tell the WHAT.....We provide the HOW

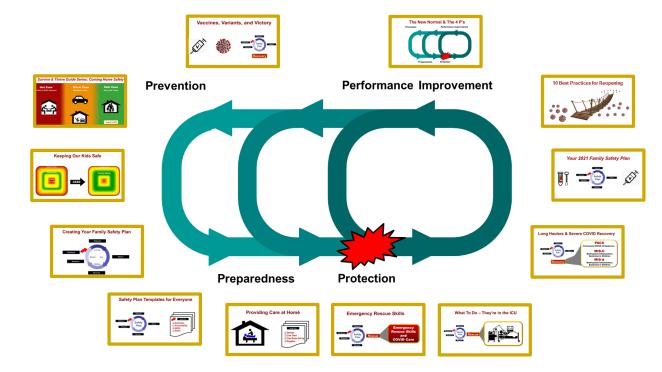
Public Health Guidelines



Family Safety Plans



Our Survive & Thrive Guide Updates



10 Best Practices:

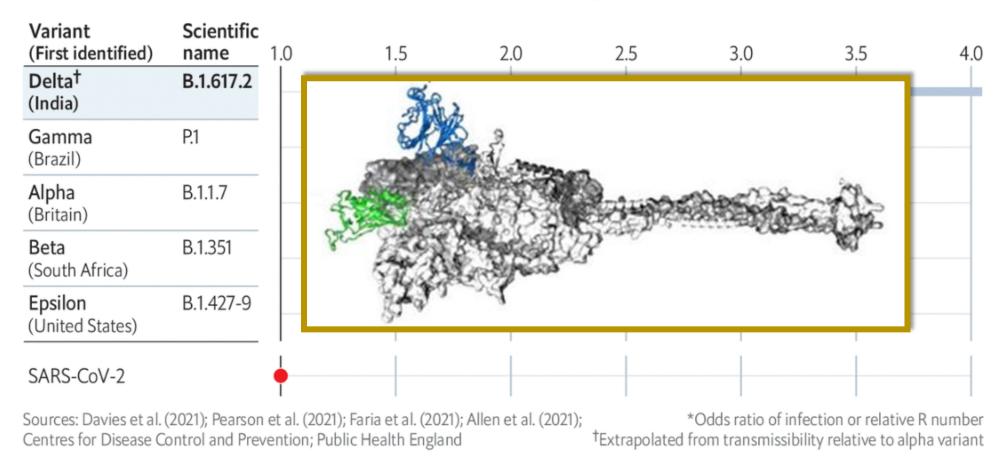
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06-16-21

Rate of change

Covid-19, estimated transmissibility* of variants compared with original SARS-CoV-2 virus



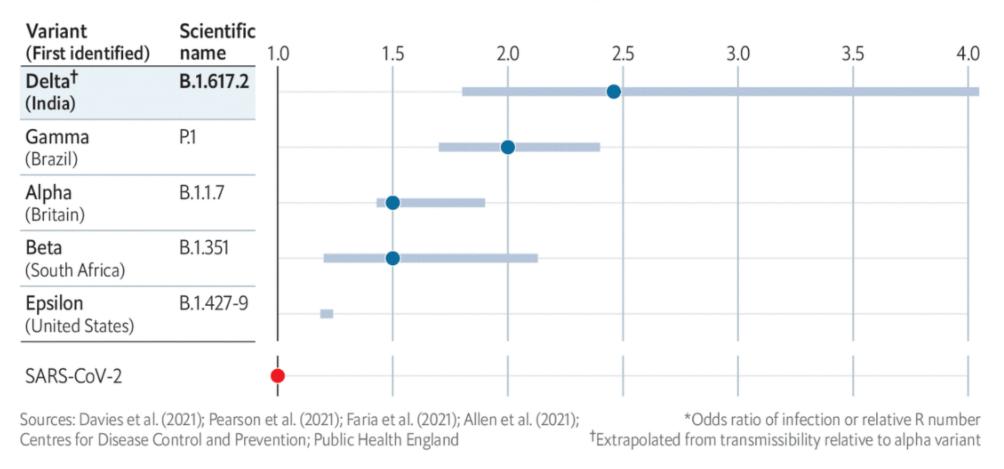




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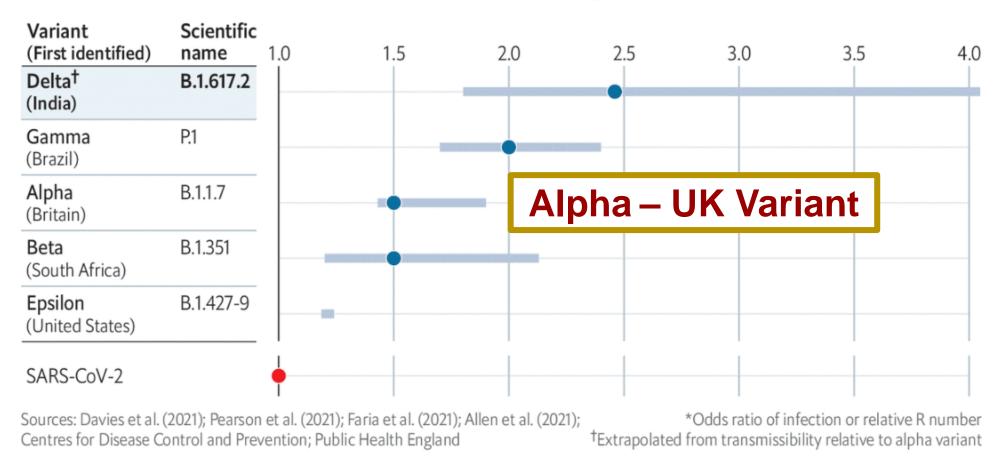




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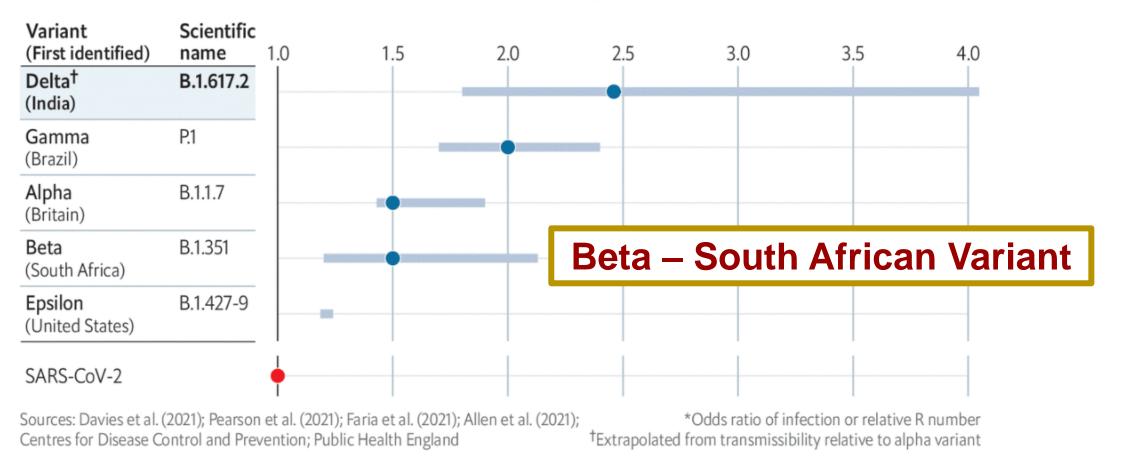




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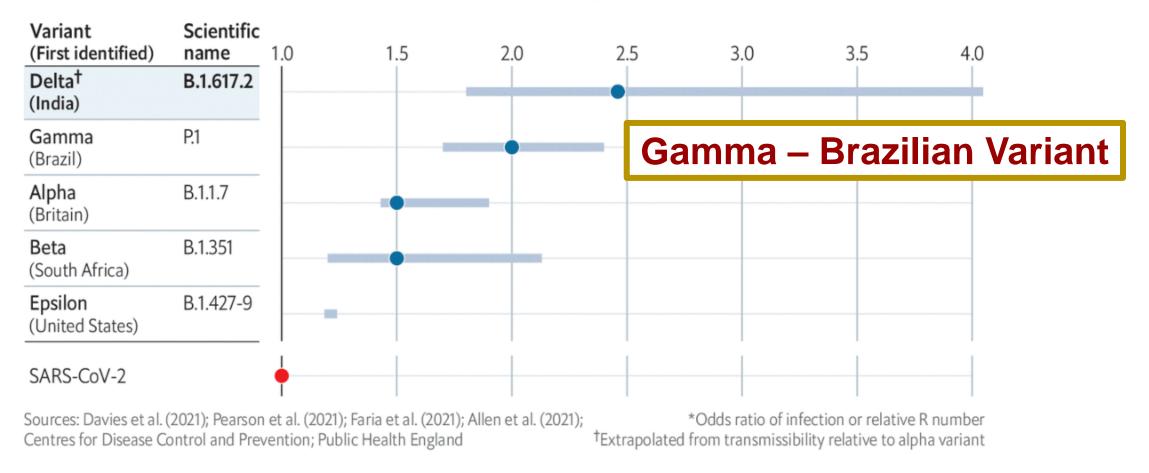




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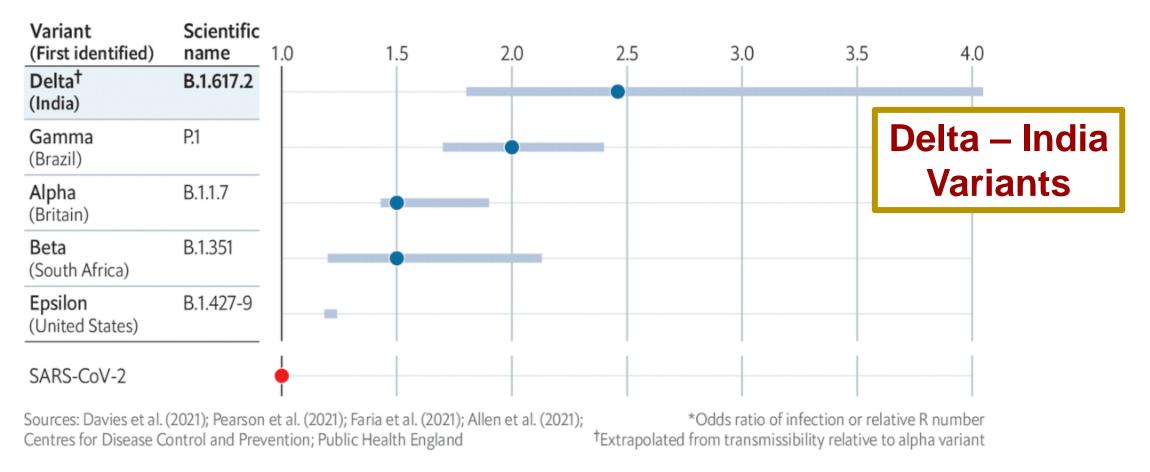




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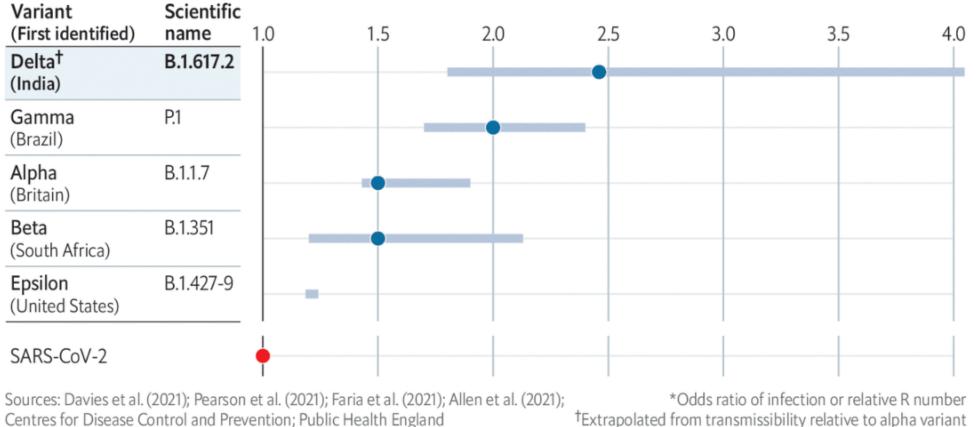




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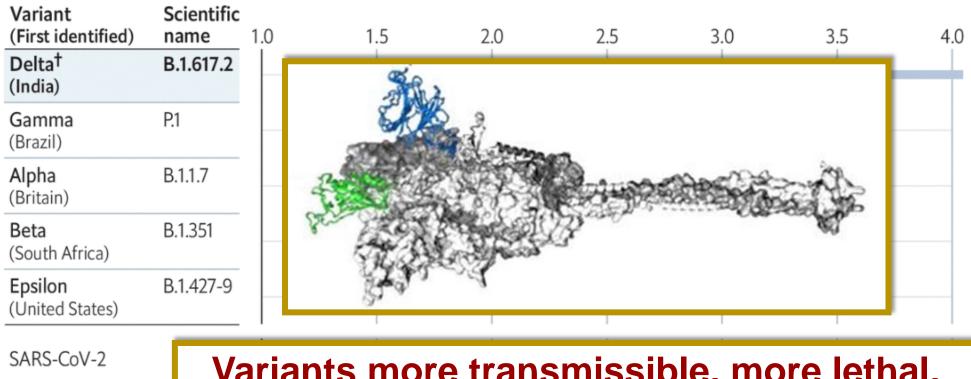
[†]Extrapolated from transmissibility relative to alpha variant



06-16-21

Rate of change

Covid-19, estimated transmissibility* of variants compared with original SARS-CoV-2 virus



Sources: Davies et al. (202 Centres for Disease Contr

Variants more transmissible, more lethal, and more likely to infect our young.





æ

Take the Shot – Save a Life...







Bystander Rescue Care CareUniversity Series

Youth & Young Adult Team



D Contreras EMT Harvard



Ivy Tran EMT Harvard



Nick Scheel



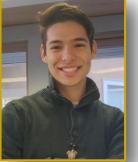
Sophia McDowell California Inst. of Arts



Audrey Lam EMT USC



Jacqueline Botz Chapman





Luis Licon **UCI** Alum

Melanie Rubalcava UCSD



Charlie Denham III High School Lead



Charlie Beall Stanford Alum



UCSB

Marcus McDowell U of Cincinnati



Jaime Yrastorza UCSD Pre-med



Paul Bhatia EMT UCI Pre-med



D Policichio NYU Film



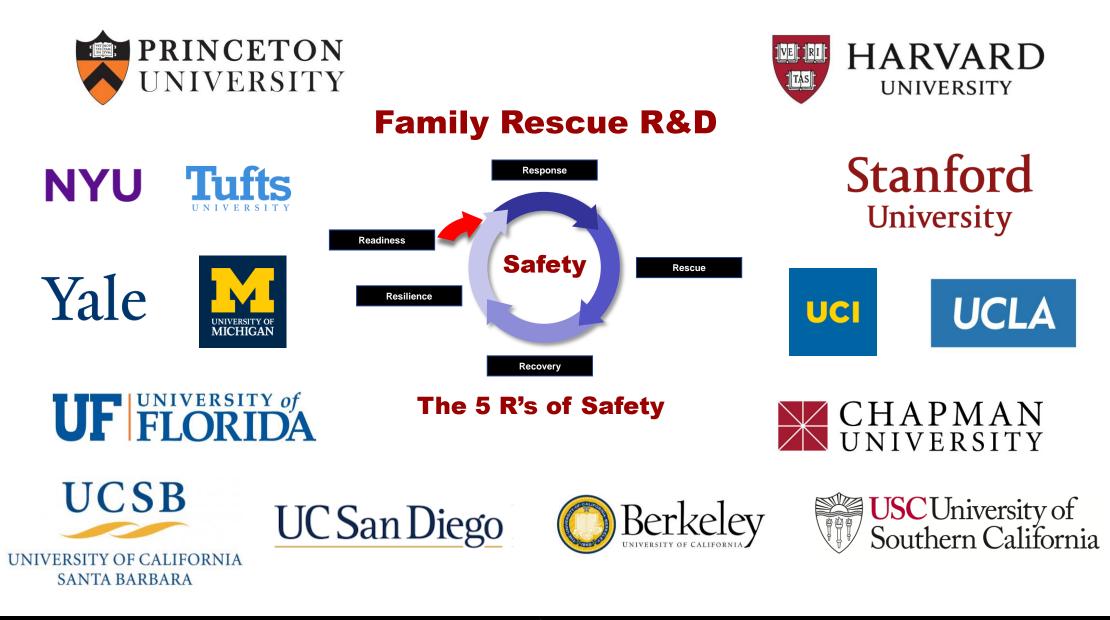
Manue Lopez

Berkeley Alum



Preston Head III UCLA Alum





Take the Shot – Save a Life.

The Vaccination Conversation





Take the Shot – Save a Life

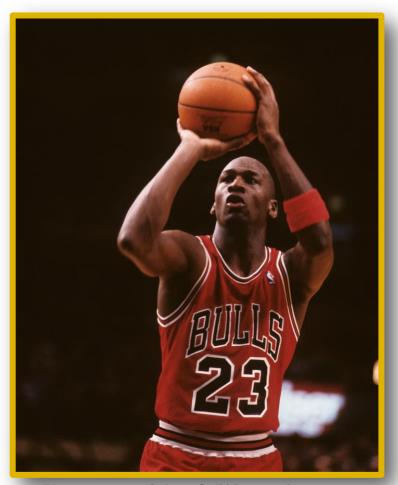


Photo 73861834 © Jerry Coli | Dreamstime.com

The Vaccination Conversation

- Why Vaccinate?
- Why You?
- Why Now?



Bystander Rescue Care CareUniversity Series

College Speakers & Reactors



Randy Styner



Jaime Yrastorza



Paul Bhatia EMT



D Policicchio



Melanie Rubalcava



Perry Bechtle III



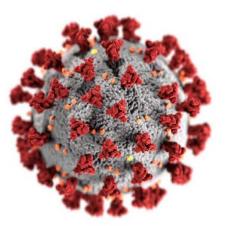
Bystander Rescue Care CareUniversity Series

The New Normal and the 4 P's A Survive & Thrive Guide™



Gregory H. Botz, MD, FCCM

Professor of Anesthesiology and Critical Care UT MD Anderson Cancer Center, Houston, TX Adjunct Clinical Professor, Department of Anesthesiology Stanford University School of Medicine, Stanford, CA





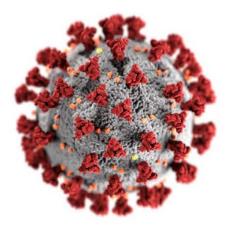
Bystander Rescue Care CareUniversity Series

The New Normal and the 4 P's A Survive & Thrive Guide[™]



Heather Foster RN BSN

Frontline Nurse Infection Prevention Advisor Patient Safety Advocate Dolores Colorado

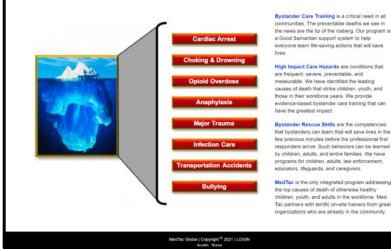


https://www.medtacglobal.org/



The Battle Against Failure to Rescue

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Cardiac Arrest Choking & Drowning **Opioid Overdose** Anaphylaxis **Major Trauma** Infection Care **Transportation Accidents** Bullying

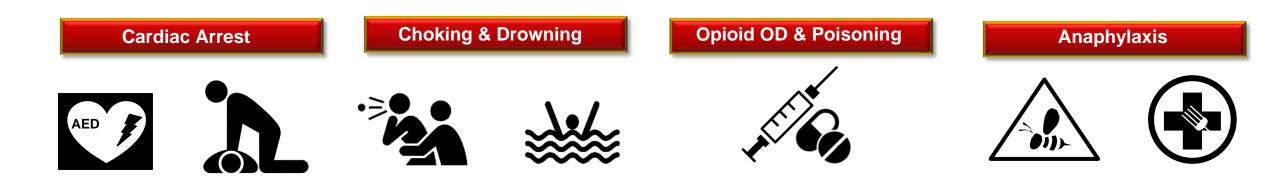
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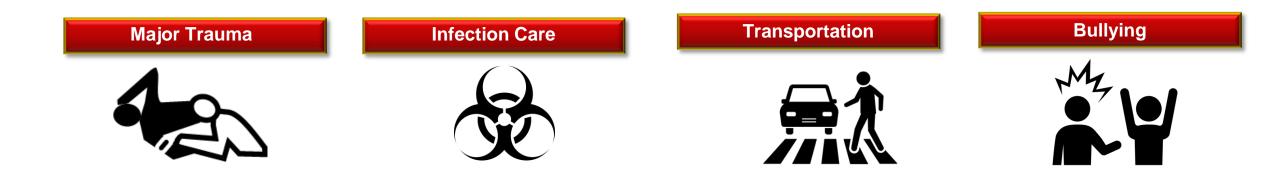
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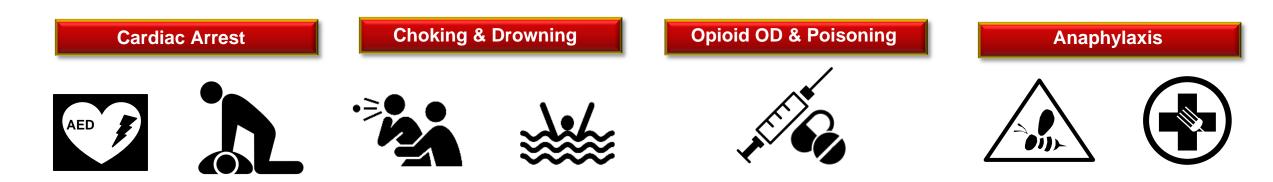
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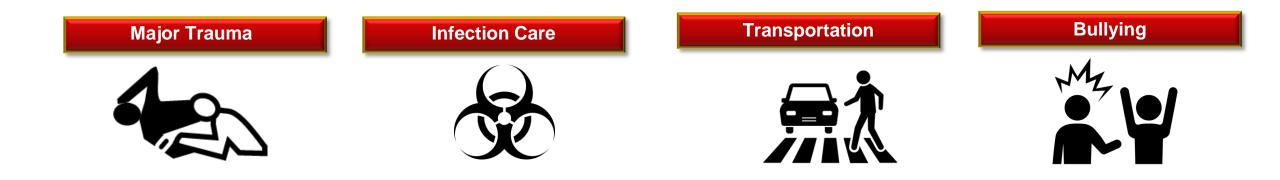
The Problem: Failure to Rescue





The Solution: **Bystander Rescue Care**





The Solution: Bystander Rescue Care

Cardiac Arrest



Sudden Cardiac Arrest: There is an epidemic of SCA with one quarter of the SCA events in children and youth occurring at sporting events. CPR and AED use have a dramatic impact on survival.

Possible Lives Saved in the US: 2 every hour and 3 children per day at a sporting event – 25% of SCA deaths in children occur at such events.



Choking: More than 100,000 lives have been saved with the Heimlich Maneuver. Most choking deaths are preventable. *Possible Lives Saved in the US: 13 per day*

Drowning: By population, drowning and near drowning events are very common. Since much of the OC population is near water, the numbers are likely much greater. *Possible Lives Saved in the US: 8 per day*

Opioid OD & Poisoning



Opioid Overdose and Poisoning: An exploding opioid OD crisis is gripping our nation with a great toll on families. Narcan opioid reversal agents, rescue breathing and positioning, and rapid EMS response saves lives. Awareness drives prevention.

Possible Lives Saved in the US: There are 197 OD deaths per day. Up to 8 lives may be saved per hour.



Anaphylaxis & Life Threatening Allergies: Many events are unreported; however 22% occur in children without a prior diagnosis of allergies. More than one in twenty adults will have an anaphylactic event in their lifetime. Epinephrine auto-injectors save lives within minutes. Possible Lives Saved in the US: 1 per day

Major Trauma



<u>Major Trauma & Bleeding</u>: Bystander care especially for major bleeding using Stop-The-Bleed techniques of wound pressure, bandages, and tourniquets can have an enormous impact on survival. *Possible Lives Saved in the US: 1 per hour*





Infection Care: Epidemics, pandemics, and seasonal infections are a leading cause of death. Prevention, preparedness, protection, and performance improvement strategies and tactics are critical to save lives and inform all Med Tac efforts. They are a feature of all Med Tac Bystander Rescue Care. *Possible Lives Incalculable*



Non-traffic Related Vehicular Accidents: The incidence of non-traffic related drive-over accidents near schools and home is greater than 50 per week. More than 60% of the drivers are a parent or friend. Possible Lives Saved in the US: Including adults, there are 1,900 deaths per year; many are preventable.



<u>Bullying & Workplace Violence</u>: Bullying and abuse of power in schools and at work can lead to suicide, workplace violence, violent intruders, and active shooter events.

Possible Lives Saved in the US: Difficult to estimate, however the consensus is that they are likely to be very significant.

Cardiac Arrest



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COVID-19 and Adult CPR

If an adult's heart stops and you're worried that they may have COVID-19, you can still help by performing Hands-Only CPR.

Step 1



Phone 9-1-1 and get an AED.



Cover your own mouth and nose with a face mask or cloth.



Cover the person's mouth and nose with a face mask or cloth.



Perform Hands-Only CPR. Push hard and fast on the center of the chest at a rate of 100 to 120 compressions per minute.



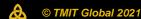
American

Association.

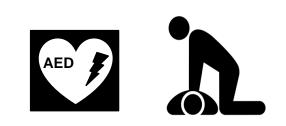
Heart

Use an AED as soon as it is available.

KJ-1424 4/20 © 2020 American Heart Association



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Possible Lives Saved in the US: There are 197 OD deaths per day. Up to 8 lives may be saved per hour.

SAVE A LIFE. GET NALOXONE.

Naloxone stops an overdose caused by opioid pain medication, methadone or heroin.

People at risk for overdose and their family and friends can learn to spot an overdose and respond to save a life.

To get naloxone, present this card to the pharmacy staff.



"Coupons available, see evzio.com for more info

FOR ALL PRODUCTS, repeat naloxone administration after 2–3 minutes if there is no response.

Most insurance will cover at least one of these options, or you can pay cash. All products contain at least two doses For more on opioid safety, videos on how to use naloxone, or to get help for addiction, go to PrescribetoPrevent.org

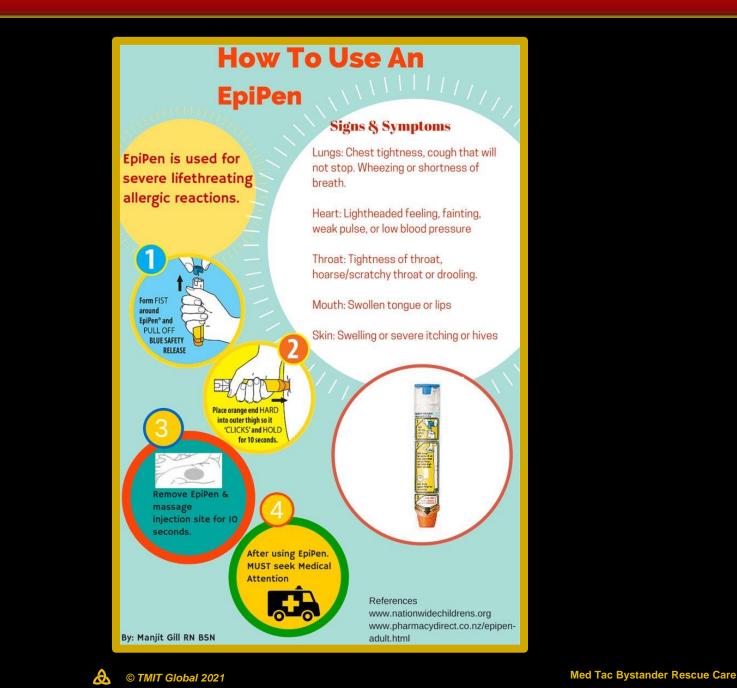


Used with permission from Boston Medical Center

Anaphylaxis



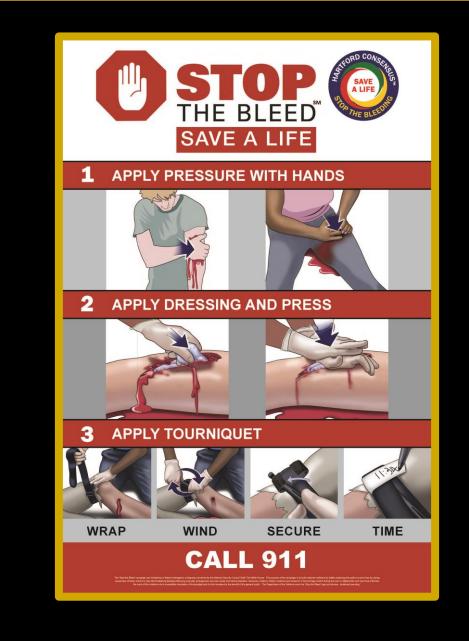
Anaphylaxis & Life Threatening Allergies: Many events are unreported; however 22% occur in children without a prior diagnosis of allergies. More than one in twenty adults will have an anaphylactic event in their lifetime. Epinephrine auto-injectors save lives within minutes. Possible Lives Saved in the US: 1 per day



Major Trauma



Major Trauma & Bleeding: Bystander care especially for major bleeding using Stop-The-Bleed techniques of wound pressure, bandages, and tourniquets can have an enormous impact on survival. Possible Lives Saved in the US: 1 per hour



Infection Care



Infection Care: Epidemics, pandemics, and seasonal infections are a leading cause of death. Prevention, preparedness, protection, and performance improvement strategies and tactics are critical to save lives and inform all Med Tac efforts. They are a feature of all Med Tac Bystander Rescue Care. *Possible Lives Incalculable*



Clean A Cut – Save A Life: The pathogens of today are very resistant to antibacterial agents and can progress to life-threatening sepsis. So minor cuts and scrapes must be treated immediately and watched closely. Such wounds need to be cleaned quickly, only with soap and water. Alcohol or hydrogen peroxide will harm healing and they harm the infant cells critical to closing the wound.

Transportation



Non-traffic Related Vehicular Accidents:

The incidence of non-traffic related driveover accidents near schools and home is greater than 50 per week. More than 60% of the drivers are a parent or friend. *Possible Lives Saved in the US: Including adults, there are 1,900 deaths per year; many are preventable.*



Bullying



Bullying & Workplace Violence: Bullying and abuse of power in schools and at work can lead to suicide, workplace violence, violent intruders, and active shooter events.

Possible Lives Saved in the US: Difficult to estimate, however the consensus is that they are likely to be very significant.







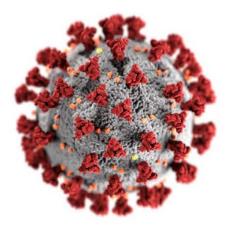
Bystander Rescue Care CareUniversity Series

The New Normal and the 4 P's A Survive & Thrive Guide[™]



Heather Foster RN BSN

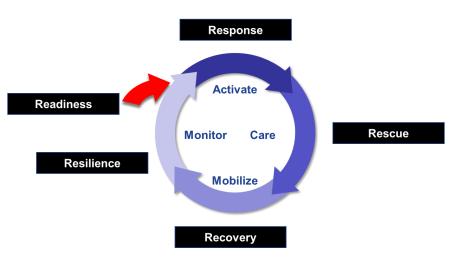
Frontline Nurse Infection Prevention Advisor Patient Safety Advocate Dolores Colorado







Family Health Safety & Organization Security Plans[™]



The Family CFO: Chief Family Officer



Thoughts for Families with Young Children:

- Review other Readiness Checklists. Use FEMA Emergency Preparedness Checklist (we use when we teach Med Tac Bystander Rescue Program).
- Make sure you have Personal Protective Equipment for everyone.
- Make sure you have a copy of everyone's Medical Records including lists of allergies and meds.

- Review the 5 Rights of Emergency Care video to be prepared for a new experience.
- □ Use Icons in your plan to make plan family friendly.
- **Create plan sections for adults and children**
- **Create an "All Teach All Learn" Environment**
- Play Date Simulations for being prepared.
- Gamify Readiness we use FEMA as an example



Bystander Rescue Care CareUniversity Series

Be Your Family Lifeguard & Holiday Huddle Checklist



Charles R. Denham III

High School Student Co-founder Med Tac Bystander Rescue Care Program Co-lead Lifeguard Surf Program Junior Med Tac Instructor Certified Lifeguard

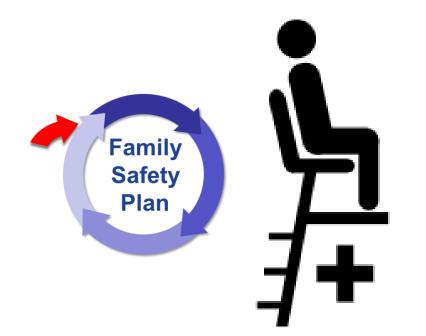


David Beshk

Award Winning Educator Med Tac Master Instructor Eagle Scout Advisor Merit Badge Counselor Family Lifeguard

Be Your Family Lifeguard

90% Prevention and 10% Rescue



Holiday Huddle Checklist

The Goal - Prevent Bubble Trouble

Maintain the Four Pillars: Distance, Hand Hygiene, Disinfect Surfaces, and Mask Use **Before Event:**

- □ Assign Tasks to Family Members
- □ Prepare Separate Family Bubble Portions
- □ Set Up Handwashing Stations
- Develop a Bathroom Plan
- **D** Prepare Bathroom Optimize Ventilation
- Maintain Kitchen Hygiene

During Event:

- **Convene Holiday Huddle with Guests**
- **Opening Prayer**
- **Describe Safe Family Bubbles**
- □ Review Four Safety Pillars
- □ Provide Restroom Plan
- Describe Eating Plan
- Summarize Clean Up Plan

After Event:

- Glove up to Clean Up
- □ Soak Plates and Cutlery in Soapy Water
- □ Wipe down surfaces touched by guests
- □ Wipe down bathroom used by guests
- □ Meet to de-brief to be safer next time

Spring Break, Ski Week, and Vacations



Holiday Huddle Checklist

The Goal - Prevent Bubble Trouble Maintain the Four Pillars: Distance, Hand Hygiene, Disinfect Surfaces, and Mask Use **Before Event:**

- Assign Tasks to Family Members
- Prepare Separate Family Bubble Portions
- Set Up Handwashing Stations
- Develop a Bathroom Plan
- Prepare Bathroom Optimize Ventilation
- Maintain Kitchen Hygiene

During Event:

- Convene Holiday Huddle with Guests
- Opening Prayer
- Describe Safe Family Bubbles
- Review Four Safety Pillars
- Provide Restroom Plan
- Describe Eating Plan
- Summarize Clean Up Plan

After Event:

- Glove up to Clean Up
- **Given Solution** Solution Solu
- U Wipe down surfaces touched by guests
- U Wipe down bathroom used by guests
- Meet to de-brief to be safer next time





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The New Normal and the 4 P's A Survive & Thrive Guide[™]



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Bystander Rescue Care CareUniversity Series



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Charlie Denham III



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Melanie Rubalcava



Perry Bechtle III



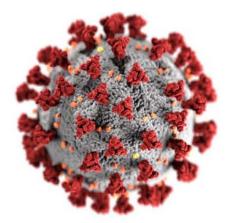
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Voice of the Patient



Jennifer Dingman

Founder, Persons United Limiting Substandard and Errors in Healthcare (PULSE), Colorado Division Co-founder, PULSE American Division TMIT Patient Advocate Team Member Pueblo, CO



Fight the Good Fight

Finish the Race

Keep the Faith