

Coronavirus - Protecting You & Your Family: Coming Home Safely, August 6, 2020

MED + TAC Global
Coronavirus Care Community of Practice

Bystander Rescue Care
CareUniversity Series

Safety Plan Templates for Everyone A Survive & Thrive Guide™

- Response
- Rescue
- Recovery
- Resilience
- Readiness

- Awareness
- Accountability
- Ability
- Action

November 5, 2020 CareUniversity Webinar #149

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Bystander Rescue Care
CareUniversity Series

Welcome

Charles Denham, MD
Chairman, TMIT Global
Founder Med Tac Bystander Rescue Care
Med Tac Bystander Rescue Care
November 5, 2020
CareUniversity Webinar #149

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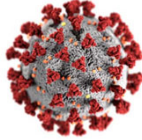
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Voice of the Patient



Jennifer Dingman

Founder, Persons United Limiting Substandard and Errors in Healthcare (PULSE), Colorado Division
Co-founder, PULSE American Division
TMIT Patient Advocate Team Member
Pueblo, CO



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Our Purpose, Mission, and Values





Our Purpose:
We will measure our success by how **we protect and enrich the lives of families...patients AND caregivers.**

Our Mission:
To accelerate performance solutions that **save lives, save money, and create value** in the communities we serve and ventures we undertake.

Our ICARE Values:
Integrity, Compassion, Accountability, Reliability, and Entrepreneurship.

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Disclosure Statement

The following panelists certify that unless otherwise noted below, each presenter provided full disclosure information; does not intend to discuss an unapproved/investigative use of a commercial product/device; and has no significant financial relationship(s) to disclose. If unapproved uses of products are discussed, presenters are expected to disclose this to participants. None of the participants have any relationship pharmaceutical or device companies discussed in their presentations. The funding of the program is from the Denham Family fund of TMIT Global, a 501c3 Medical Research Organization

- Gregory H. Botz, MD, FCCM, has nothing to disclose.
- Randal Styner has nothing to disclose.
- David Beshk has nothing to disclose.
- Preston Head III has nothing to disclose.
- Jennifer Dingman has nothing to disclose.
- Heather Foster has nothing to disclose.
- Perry Bechtie III has nothing to disclose.
- Clair Peck has nothing to disclose.
- Matt Horace has nothing to disclose
- John Tomlinson has nothing to disclose.
- John Little has nothing to disclose.
- Keith Filtnier has nothing to disclose.
- Danny Policicchio has nothing to disclose.
- Paul Bhatia has nothing to disclose.
- Charlie Denham III has nothing to disclose.
- Jaime Yrastorza has nothing to disclose.

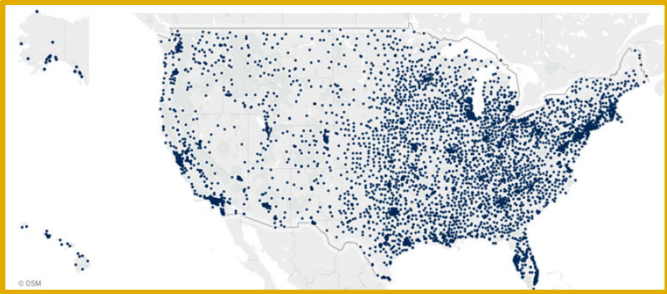
Charles Denham, MD, is the Chairman of TMIT Global; a former TMIT education grantee of CareFusion and AORN with co-production by Discovery Channel for *Chasing Zero* documentary and Toolbox including models; and an education grantee of GE with co-production by Discovery Channel for *Surfing the Healthcare Tsunami* documentary and Toolbox, including models. HCC is a former contractor for GE and CareFusion, and a former contractor with Siemens and Nanosonics, which produces a sterilization device, Trophon. HCC is a former contractor with Senior Care Centers. HCC is a former contractor for ByoPlanet, a producer of sanitation devices for multiple industries. He does not currently work with any pharmaceutical or device company. His current area of research is in threat management to institutions including conflict of interest, healthcare fraud, and continuing professional education and consumer education including bystander care. Dr. Denham is the developer and producer of CareUniversity™, the learning management system providing continuing education materials for TMIT Global.

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Survive & Thrive Guide: Keeping Your Family Safe

TMIT Global Research Test Bed

3,100 Hospitals in 3,000 Communities
500 Subject Matter Expert Pool Developed over 35 Years



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Survive & Thrive Guide: Protecting Your Family



500 Subject Matter Experts

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Speakers & Reactors



Chief William Adcox Dr. Gregory Botz Heather Foster RN Dr. Chris Fox David Beshk Perry Bechtel III
Jennifer Dingman Matt Horace Clair Peck D Pollicchio Jaime Yrastorza Paul Bhatia EMT Charlie Denham III
Preston Head III Randal Styner Keith Filtnier John Little John Tomlinson Dr. Charles Denham

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Teens, College Students, and Young Adults

**An Infection Every Second...
A Death Every 2 Minutes**



A 13-year-old Missouri boy's on quarantine and last day of school was in late October. He died from Covid-19 days later

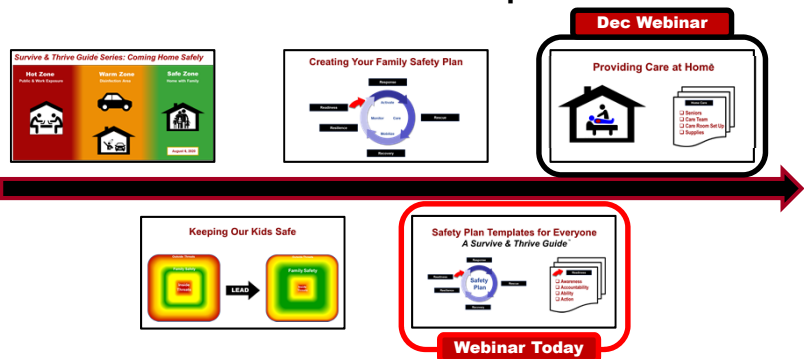
Long-haulers taking months to recover from multi-system symptoms – many develop it.

A 20-year-old dies on quarantine in her dorm room of pulmonary embolism. Test result "never delivered due to clerical error".

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Survive & Thrive Guide: Protecting Your Family

Survive & Thrive Guide™ Webinar Road Map



Survive & Thrive Guide Series: Coming Home Safety
 Red Zone: Family & Home Preparation
 Yellow Zone: Transportation
 Green Zone: Safety Plan
 Red Zone: Family & Home Preparation
 Yellow Zone: Transportation
 Green Zone: Safety Plan

Creating Your Family Safety Plan

Dec Webinar
 Providing Care at Home
 -> Safety Plan
 -> Safety Plan
 -> Safety Plan
 -> Safety Plan

Keeping Our Kids Safe
 LEAD
 LEAD

Safety Plan Templates for Everyone
 A Survive & Thrive Guide™
 -> Safety Plan
 -> Safety Plan
 -> Safety Plan
 -> Safety Plan

Webinar Today

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Coronavirus - Protecting You & Your Family: Coming Home Safely, August 6, 2020

Survive & Thrive Guide: Protecting Your Family

MED + TAC Global | Values & Team | Coronavirus Response | Webinar Programs | Specialty Programs | Innovations & Supplies | CareUniversity

Coronavirus Care Community of Practice | **Bystander Rescue Care CareUniversity Series**

November 5, 2020, 12:00 pm - 1:30 pm CT / 1:00 pm - 2:30 pm ET / 10:00 am - 11:30 am PT

REGISTER | **Safety Plan Templates for Everyone: A Survive & Thrive Guide™** | JOIN EVENT

Session Overview

We need to break family and living unit infection transmission chains to save our nations. A family safety plan can save our workers who are often more vulnerable at home than at work. The collective behaviors of our family members and those we live with will define the safety of each member individually. We all want to keep our children, teens, college students, and young adults as safe as possible. We are delighted to have national experts join us to help you take a step by step approach to build your plan and provide templates you can use. This program is for families of Essential Infrastructure Workers, teachers, scouts, faith-based leaders, and the general public.

- **WHO** should create a Family Safety Plan?
- **WHAT** should a Safety Plan include look like?
- **WHEN** should a family build a plan?
- **HOW** do I build a plan from scratch?
- **WHY** does my plan need to be customized?

Templates and Articles will Be Continuously Added to Page

<https://www.medtaclobal.org/webinar-november2020/>

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Survive & Thrive Guide: Protecting Your Family

READINESS

Awareness

- Family Scenario Response Awareness: Know how to respond the exposed, if infected, infected and symptomatic, and if infected with severe symptoms. Understand quarantine, isolation, and care at home.
- Response Knowledge - 4 P's: Prevention of spread, Preparedness for quarantine, isolation, and home care, Protection concepts and tools such as PPE, Performance improvement from caregivers and trusted guideline sources.

Accountability

- Response Task Accountability: Task assignment to Family Members.
- Response Task Completion Log: Task completion should be documented to maximize effectiveness.

Ability

- Response Skills: Maintenance of isolation areas and care of an infected family member in isolation will require proper use of PPE, managing airflow to reduce aerosol risks, food service, and laundry functions.
- Response Resources: Staff, supplies, space, and financial resources must be available.

Action

- Activate Family Member Scenario Plans: Specific checklists for each scenario needs to be followed. The most important issue is that patients will have to be admitted to hospital alone.
- Unfunded & Severely Symptomatic - Need Help: Emergency Sign recognition, safe transportation, safe emergency communications, the 5040 P, Tool 2:Infected Requiring Hospitalization: Patient zone
- Caregiver Communication by only by phone.
- Unfunded & Require OOL: Un-Support Respirator & ECMO: The seriousness of the situation should be communicated to the family members.

RESPONSE

Awareness

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RESCUE

Awareness

- Family Rescue Scenario Awareness: Know "rescue scenarios" & CDC "emergency warning signs"
 - Trouble breathing
 - Persistent pain or pressure in the chest
 - New confusion
 - Inability to wake or stay awake
- Rescue Knowledge - 4 P's: Prevention of spread, prepare for transport, protect all, learn performance improvement from caregivers.

Accountability

- Rescue Task Accountability Reinforced: Task assignment to Family Members. Tie to CDC emergency warning signs.
- Rescue Task Completion Log: Recording of lifesaving tasks are vital to caregivers.

Ability

- Rescue Skills: Isolation skills - safe use of PPE, safe transport and protecting family, outside service, PPE supplies, "go bags", and distribution resources are critical.

Action

- Activate Family Member Scenario Plans: Specific checklists for each scenario needs to be followed. The most important issue is that patients will have to be admitted to hospital alone.
- Unfunded & Severely Symptomatic - Need Help: Emergency Sign recognition, safe transportation, safe emergency communications, the 5040 P, Tool 2:Infected Requiring Hospitalization: Patient zone
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RECOVERY

Awareness

- Family Recovery Scenario Awareness: Know "recovery scenarios" with return to a "new safe normal".
 - Long Hauler Threat
 - Multisystem Inflammatory Syndrome (MIS-C) in children and MIS-A in adults.
- Recovery 4 P's: Present medication - post-infection immunity not assured. Protect family-learn performance improvement from others.

Accountability

- Recovery Task Accountability Reinforced: Assign tasks for assure safe return to the "new normal" - social distance, mask use, hand washing, contact surface disinfection, avoiding poorly ventilated areas, and group events.
- SR Task Completion Log: Review each phase log provide to drive performance improvement.
- Recovery Task Completion Log: Info may be very important to future care decisions.

Ability

- Recovery Skills: Help children, youth, adults, and seniors SAFELY return to work, play, and stay. Recovery care after severe harm.
- Recovery Resources: Staff, supplies, space, and finances for family to return to a new safe normal. Adjust to sports & play.

Action

- Recovery Actions include care documentation and preparation for future problems:
 - Record & Follow "Return Precautions": Specific caregiver instructions to return for care if patient deteriorates -
 - Update Family Member Threat Profiles: New medical info added to threat profile.
 - Update & Maintain Medical Records: Increase of a future infection, hospital admission, "long hauler", MIS-C, or MIS-A.

RECOVERY

During the "quiet before the storm" between continually infection surges or after caring for someone, it is an ideal time to "harden the target" of the home and members.

Awareness

- Family Impact Scenarios Review: Update Family Impact Scenarios. Performance improvement can be informed by member caregivers and guidelines.
- Resilience Knowledge Review - 4 P's: Apply prevention, preparedness, protection, and performance improvement lessons learned.

Accountability

- SR Accountability Task Assignments Review: Review task assignments for each of the 5 R Phases in to optimize lessons learned.
- Recovery Task Completion Log Review: Review each phase log provide to drive performance improvement.

Ability

- Resilience Skills: As the Coronavirus Crises evolves, updated recognition and care skills.
- Resilience Resources: Staff, supplies, space, and financial resources must be available and budgeted for the future. Hardening target of the living space to external threats and from internal threats to the family.

Action

- Revised Family Safety Plan and Update All Checklists
 - Readiness: The team & space needs reviewed to be ready for response, rescue, and recovery.
 - Response: Testing, quarantine, isolation, and guidelines for essential workers are evolving.
 - Recovery: The critical signs, symptoms, and caregiver emergency practices are evolving as are the interventions. Medical records must be updated.
 - Recovery: The long-term impact of the disease impacts the length and means of recovery. Review & Update Family Member Threat Profiles: The inherent threats and their medical records will be very important to successfully care for them.

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Essential Critical Workforce Infrastructure

Educators Declared Essential Critical Infrastructure Workers

Essential Critical Infrastructure Workers

Communications | Healthcare & Public Health | Transportation Systems | Chemical | Critical Manufacturing | Information Technology | Commercial Facilities | Defense Industrial Base | Food & Agriculture | Water | Dams | Energy | Nuclear Reactors, Materials & Waste | Emergency Services | Government Facilities | Financial

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John Nance JD | Dr. Gregory Botz | Chief William Adcox | Heather Foster | Dr. Charles Denham | Dr. Casey Clements | Beth Uitem | Dr. McDowell | Dennis Quaid | Preston Head II

Fred Haise | Dr. Steve Swensen | Tyler Sant | Avarie Pettit | Dr. Mary Foley | Bob Chapman | Perry Bechtel III | Becky Martins | Betsy Denham | Charlie Denham III

Dr. C Peabody | Dr. Chris Fox | Randy Styner | Tom Remner | David Beshk | Ann Rhoades | Nancy Conrad | Dr. Chopra | John Little | Debbie Medina

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Contributions Through Segments of our *Discovery Channel* Documentaries









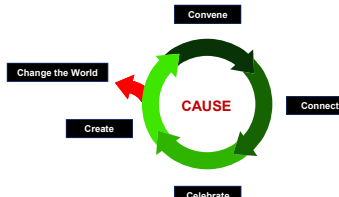




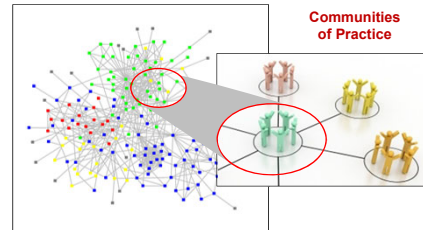

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Survive & Thrive Guide: Keeping Your Family Safe

Communities of Practice Model




Change the World



Communities of Practice

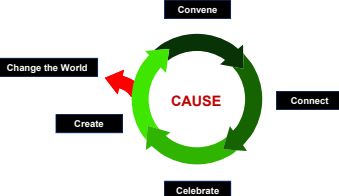
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Family Centric



- General Public
- Critical Essential Workers
- Professional Caregivers
- First Responders
- All Faiths Volunteers & Staff
- Educators & School Staff
- Scouts, Teams, and Membership Organizations

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Monthly Webinars every first Thursday of the month at 1PM ET (Noon Central and 10AM PT). Free, video, and resources posted.

BASIC MODULES

- Why Social Distancing WORKS
- Why Masks ARE Critical
- Masks: The SCIENCE of Success
- Hand Washing & DISINFECTANTS
- GLASS High Contact Surfaces
- Building a FAMILY SAFETY PLAN
- If we NEED Emergency Care
- Why ICU, Respirators, and EMMV

ADVANCED MODULES

- Preparing for CARE at Home
- TELEMEDICINE Works - Try It
- Care of Seniors & those at Risk
- The Latest Best Practices
- Companions and the Most Weak
- Coming Home Safely
- The New Recusal Webinar
- Back to School Safety

BASIC MODULES:

- Short Videos 4-10 min
- Critical Information
- Hits Pillars of Prevention

ADVANCED MODULES:

- Longer more detailed Webinar Recordings
- Technical Information

Related Resources



Care of the At Risk & Seniors at Home

www.medtacglobal.org/coronavirus-response/

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Creating Your Family Safety Plan: A Survive & Thrive Guide™

October 1, 2020 CareUniversity Webinar #147

GTSS & TMIT Global Briefing

THE UNIVERSITY OF TEXAS
MD Anderson Cancer Center

MAYO CLINIC

UCSF
 University of California San Francisco

UCI

Family Research

The 5 R's of Safety

Survive & Thrive Guide:

CDC Centers for Disease Control and Prevention
 CDC 24/7: Saving Lives. Protecting People™

Search Q
 Advanced Search

Morbidity and Mortality Weekly Report (MMWR)

CDC

Transmission of SARS-COV-2 Infections in Households — Tennessee and Wisconsin, April–September 2020

Early Release / October 30, 2020 / 69

53% of those living with COVID-19 positive person were infected and 75% of infections occurred at 5 days.

Survive & Thrive Guide:

Our Discoveries:

The Family Unit is the Achilles Heel
Family Transmission Chains

Family Unit Training Works

- Saves Lives
- Saves Money
- Saves Liability

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Survive & Thrive Guide:

Our Discovery:
The Achilles Heal
Our Family Unit




Work

**We Can't Train Essential
Infrastructure Workers Alone**

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Survive & Thrive Guide:

Our Discovery:
The Achilles Heal
Our Family Unit



Work

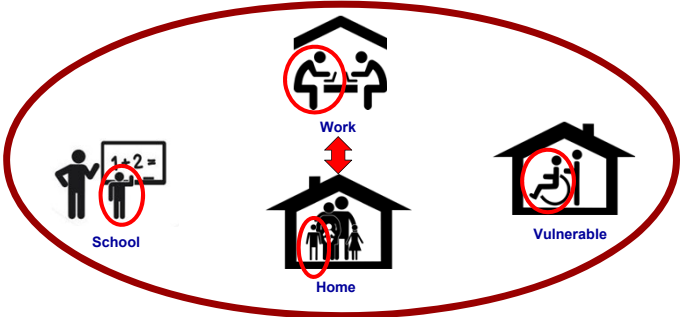
**We Can't Train Essential
Infrastructure Workers Alone**

The Family Unit is the Achilles Heal

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Survive & Thrive Guide:

Family Transmission Chains



School

Work

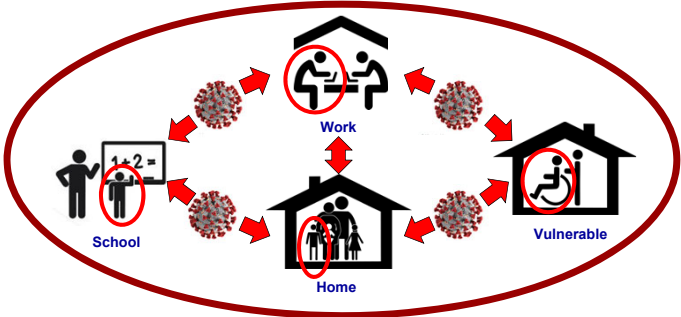
Home

Vulnerable

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Survive & Thrive Guide:

Save the Families...



School

Work

Home

Vulnerable

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Survive & Thrive Guide:

Save the Families... You Save the Worker

The diagram illustrates a cycle of transmission between four locations: School, Work, Home, and Vulnerable. Red arrows show the flow of transmission: School to Work, Work to Home, Home to Vulnerable, and Vulnerable to School. Each location is represented by an icon with a red circle and slash over it, indicating a point of infection. The School icon shows a teacher and a student with a math problem. The Work icon shows two people at a desk. The Home icon shows a family. The Vulnerable icon shows a person in a wheelchair. Red virus icons are placed along the arrows to represent the pathogen.

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Survive & Thrive Guide:

Save the Families Across Communities...

The map shows North America with red dots representing cumulative cases. A diagram overlay shows the transmission cycle between School, Work, Home, and Vulnerable locations. The map interface includes a search bar, a legend, and a scale bar. The text 'Cumulative Cases' is visible at the bottom of the map.

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Survive & Thrive Guide:

Save the Families Across Communities... You Save the Nation

The map shows North America with red dots representing cumulative cases. The map interface includes a search bar, a legend, and a scale bar. The text 'Cumulative Cases' is visible at the bottom of the map.

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National Survey Questions

I have already responded to the Family Health Safety Survey

YES NO

State what you want to see in the Family Safety Plan Templates in Free Text Entry

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Survive & Thrive Guide: Protecting Your Family

Survive & Thrive Guide™ Webinar Road Map

Survive & Thrive Guide Series: Coming Home Safely

- Hot Zone: Public & Work Exposure
- Warm Zone: Disinfection Area
- Safe Zone: Home with Family

Creating Your Family Safety Plan

Providing Care at Home

Keeping Our Kids Safe

Safety Plan Templates for Everyone
A Survive & Thrive Guide™

Webinar Today

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MED + TAC **Coronavirus Care** **Bystander Rescue Care**
Community of Practice *CareUniversity Series*

Safety Plan Templates for Everyone Family Survive & Thrive Guide™

Gregory Botz MD
Critical Care Physician
Professor University of Texas
Professor Stanford Medical College

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Survive & Thrive Guide: Protecting Your Family

Survive & Thrive Guide Webinars

Creating Your Family Safety Plan

Survive & Thrive Guide Series: Coming Home Safely

- Hot Zone: Public & Work Exposure
- Warm Zone: Disinfection Area
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Keeping Our Kids Safe

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Survive & Thrive Guide: Protecting Your Family

Coming Home Safely

Hot Zone
Public & Work Exposure

Warm Zone
Disinfection Area

Safe Zone
Home with Family

August 6, 2020

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Survive & Thrive Guide: Protecting Your Family

Hot-Warm-Safe Zone Practices

| Hot Zone Public & Work Exposure | Warm Zone Disinfection Area | Safe Zone Home with Family |
|--|--|--|
| <p><u>Maintain Best Protection</u></p> <ul style="list-style-type: none"> Social Distance Masks Hand Hygiene Clean Hi-Contact Surfaces | <p><u>Disinfection & Storage</u></p> <ul style="list-style-type: none"> Considered Contaminated Remove PPE Disinfect each Person Store PPE Separate Laundry Clean Surfaces | <p><u>Maintain Zone Virus Free</u></p> <ul style="list-style-type: none"> Disinfection Stations at doors at Warm Zones Clean Contact Surfaces Maintain Ventilation Manage Isolation, Quarantine, and Senior Care |

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Survive & Thrive Guide: Protecting Your Family

Hot-Warm-Safe Zone Practices

| Hot Zone Public & Work Exposure | Safe Zone Home with Family |
|--|---|
| <p><u>Maintain Best Protection</u></p> <ul style="list-style-type: none"> Social Distance Masks Hand Hygiene Clean Hi-Contact Surfaces | <p>HOT ZONE PRACTICES</p> <ul style="list-style-type: none"> Social Distance – 6 Feet is a MINIMUM Handwashing is poor even in caregivers – 20 sec Avoid Poorly Ventilated Spaces Don't Touch Face Masks or the Face Be gracious but firm when others invade your space It is critical to know how to put on and take off Personal Protective Equipment (PPE). Called “Don and Doff” in healthcare jargon. Whenever in doubt, wash your hands. Know the process for reporting outbreaks. “Exposure to Infected” is being within 6 FEET OF INFECTED FOR LONGER THAN 15 MINUTES. |

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Survive & Thrive Guide: Protecting Your Family

Hot-Warm-Safe Zone Practices

| Warm Zone Disinfection Area | Safe Zone Home with Family |
|---|--|
| <p>WARM ZONE Leaving Hot Zone Practices</p> <ul style="list-style-type: none"> Disinfect before getting in car. Contain Contaminated Materials Wipe Down Car Door Handles and contact surfaces if car is warm zone. If Car is WARM ZONE: It must be considered contaminated. Be ready to store contaminated gear in your car if you must. <p>WARM ZONE Joining Hot Zone Practices</p> <ul style="list-style-type: none"> Assure your mask has good fit. Practice no mask or face touching If contaminated – wash hands. Know the rules of the workplace or public venue. | <p>WARM ZONE Coming Home Practices</p> <ul style="list-style-type: none"> Designate WARM ZONE room or space for disinfecting. Assemble & Maintain Disinfection Station with cleaning supplies. Keep the family out of WARM ZONE Increase precautions if someone is in quarantine or isolation. <p>WARM ZONE Leaving Home Practices</p> <ul style="list-style-type: none"> New or Cleaned masks, gloves, face shields and coverings. Bring disinfectants in your car or your gear. Bring extra masks if you have them. |

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Survive & Thrive Guide: Protecting Your Family

Hot-Warm-Safe Zone Practices

| Safe Zone Home with Family | Hot Zone Public & Work Exposure |
|---|--|
| <p>SAFE ZONE PRACTICES</p> <ul style="list-style-type: none"> Establish and maintain disinfection stations at doors. Regularly clean high contact surfaces. Prevent people or parcels from bringing the virus home. If possible, keep rooms well ventilated. <p>Care of Someone At Home</p> <ul style="list-style-type: none"> Getting your “MacGyver On” – Use what you have. Whether the flu or Coronavirus – use same processes. Isolation is for all those who are infected or sick. The infected NEED to wear masks. Social distance and hand hygiene are important. Surfaces ARE a risk. Quarantine is for who may be infected – assume infected until end of quarantine period or test negative. <p><u>Maintain Zone Virus Free</u></p> <ul style="list-style-type: none"> Disinfection Stations at doors at Warm Zones Clean Contact Surfaces Maintain Ventilation Manage Isolation, Quarantine, and Senior Care | <p><u>Maintain Best Protection</u></p> <ul style="list-style-type: none"> Social Distance Masks Hand Hygiene Clean Hi-Contact Surfaces |

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Family Survive & Thrive Guide: Keeping Our Kids Safe

August 03, 2020 CareUniversity Webinar #145

Survive & Thrive Guide: Protecting Your Family

Threats X Vulnerability = Risk to Your Family

Threats: Likely to cause HARM.
Vulnerability: Weaknesses that can be EXPLOITED by threats.
Risk: PROBABILITY of harm by a threat exploiting vulnerability.

Keeping Our Kids Safe: Steps 1-4

Keeping Our Kids Safe...by Keeping the Unit Family Safe

Reduce Family Vulnerability

STEP 1: Identify Each Family Member's Threat Profile

- Family living together and those in direct contact.
- Identify threats due to age, underlying conditions, and outside threats related to region and living conditions.

STEP 2: Identify and Follow Local Coronavirus Threats

- Local Community infection factors, trends, and public health guidelines will drive your behaviors and plans.
- Understand the public health processes in place where the family members will work, learn, play, and pray.

STEP 3: Develop a Family Safety Plan

- A leader or leaders of the family act as the CFO – Chief Family Officer who drives the plan: Readiness, Response, Rescue, Recovery, and Resilience.

STEP 4: Plan the Flight and Fly the Plan

- The novel Coronavirus virus science, threats, vulnerabilities, and therefore the family risk changes continuously. Every airplane flight plan is modified along the route – so will your family safety plan.

Survive & Thrive Guide: Protecting Your Family

STEP 1: Identify Each Family Member Threat Profile

Understanding the Threats, Vulnerability, and Risk of Harm to our Children

Family Unit Threat Profile:

Outside Threats from Community

- Threats, Vulnerability, and Risk from the outside environment for each individual family member for being infected, harmed, and death.
- Threats, Vulnerability, and Risk of current behaviors.

Inside Threats to Family – Home and Conditions

- Threats, Vulnerability, and Risk for each family member unique to them for being infected, harmed, and death.
- Threats, Vulnerability, and Risk of current behaviors within the home and living spaces.

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Survive & Thrive Guide: Protecting Your Family

STEP 2: Identify and Follow Local Coronavirus Threats

Inside versus Outside Threats

Outside Threats:

- High Background Community Infection or trending with more infections.
- Schools without proper Test, Trace, Treat, Isolate, and Quarantine Programs.
- Group Activities and Sports without Proper Prevention - Social Distancing etc.
- Lack of Mask Use by all exposed to family.
- Community without adequate public health services including Test, Trace, Treat, Isolate, and Quarantine Programs.
- Critical Essential Infrastructure Worker Exposure bringing virus home to family.

Inside Threats:

- Delayed Emergency Medical Care for Children due to fear.
- Delayed Vaccines for Children due to fear.
- Depression in Children isolated at home.
- Threats to Immune Compromised Children.
- Inadequate Nutrition of Children.
- Lack of Exercise of Children and Adults.
- Adults with underlying at-risk illnesses.
- Seniors over 65 years of age at risk due to age.
- Delayed Emergency Medical Care for Adults due to Fear.
- Delayed or absent Screening for Adults and Seniors.
- Delayed Elective Medical Procedures for adults.
- Inadequate Disinfection of HI Contact Surfaces.

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Survive & Thrive Guide: Protecting Your Family

Example Family Threat Profile Orange County CA

Daily COVID-19 Positive Cases per 100,000
3.6
(7-Day Average with 7-Day Lag)

Testing Positivity Percent
3.1%
(7-Day Average with 7-Day Lag)

Daily COVID-19 Positive Cases per 100,000
5.6
(7-Day Average with 7-Day Lag)

Testing Positivity Percent
5%
(7-Day Average with 7-Day Lag)

- Male over 65 years of age.
- Female in mid 50's with history of pulmonary infections & bronchitis.
- Mid-teen youth with recent cardiac surgery and hospitalizations for hyperimmune reactions to viral infections.
- Grandmother at 99 years of age in assisted living with history of lung disease.

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Survive & Thrive Guide: Protecting Your Family

Threats X Vulnerability = Risk to Your Family

Our Goal: Reduce Risk of Family Harm by Reducing Vulnerability to Threats

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STEP 3: Develop a Family Safety Plan

Reduce Vulnerability

Reduce Vulnerability to Outside Threats:

- Adjust behaviors depending on Background Community Infection and local infection trends.
- Base school decisions Test, Trace, Treat, Isolate, and Quarantine Programs.
- Avoid Group Activities and Sports without Proper Social Distancing.

Reduce Vulnerability to Outside Threats:

- Assure Mask Use by all exposed to family
- Monitor public health services including Test, Trace, Treat, Isolate, and Quarantine Programs and adjust behavior to it.
- Assure Critical Essential Infrastructure Workers reduce bringing virus home.

Reduce Vulnerability to Outside Threats:

- Produce a Medical Care Emergency Plan for the Children and Adults (5 Rights of Emergency Care).
- Safely see Pediatricians to maintain Vaccines.
- Combat depression in Children with activities
- Protect Immune Compromised Children .
- Protect Adults with underlying at-risk illnesses.
- Protect Seniors over 65 years of age.
- Safely Pursue Regular Screening for Adults.
- Weigh Risks for Elective Medical Procedures.
- Assure Nutrition for children and adults in isolation.
- Pursue Regular Exercise during isolation/quarantine.
- Inadequate Disinfection of HI Contact Surfaces.

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Survive & Thrive Guide: Protecting Your Family

STEP 3:
Develop a Family Safety Plan

- A leader or leaders of the family act as the CFO – Chief Family Officer who drives the plan: Readiness, Response, Rescue, Recovery, and Resilience.

STEP 4:
Plan the Flight and Fly the Plan

- The novel Coronavirus virus science, threats, vulnerabilities, and therefore the family risk changes continuously. Every airplane flight plan is modified along the route – so will your family safety plan.

Family Health Safety Plan

Response

Readiness

Resilience

Rescue

Activate

Monitor

Care

Mobilize

Recovery

Outside Threats

Family Safety

Inside Threats

LEAD

Outside Threats

Family Safety

Inside Threats

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Health Security

Creating Your Family Safety Plan

Response

Readiness

Resilience

Rescue

Activate

Monitor

Care

Mobilize

Recovery

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Survive & Thrive Guide: Protecting Your Family

Family Health Safety Plans

Readiness: Preparation, regular review, and updating of a plan based on the latest science. Regular deliberate practice of roles and skills each family member undertake.

Response: Family moves to action to respond to an emergency. Safeguards are put in place. The family may respond to a member being infected or exposed to someone infected.

Resilience: Fortify response, rescue, and recovery actions in plan. In law enforcement and healthcare, we call this “target hardening”.

Recovery: Follow up care of the family member after an event. Returning to normal family activities after a family member is infected and isolated, hospitalized, or under quarantine.”

Rescue: Regular deliberate practice of roles and skills to take a loved one to the Emergency Department if they have severe symptoms. This means having records and medications ready go with the patient.

Response

Readiness

Resilience

Rescue

Activate

Monitor

Care

Mobilize

Recovery

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Family Safety Plan

Health Security

Response → Rescue → Recovery → Resilience

| Family Member Scenarios | Readiness | Response | Rescue | Recovery | Resilience |
|--|---|---|--|---|---|
| No Exposure - No Test or Negative Test | Social distance, hygiene, cleaning, and masks. Protect high risk family members. | Recognize people with no exposure – no test are at risk for infections. | Care of loved on with severe symptoms. | Assistance safely to the “new normal”. | Making the family “hardened” as a target. |
| Exposure to Infected Person and No Test | Know: what “exposure” is, what to if exposed, and if notified by a contact tracer. | Know where to get testing, maintain quarantine period, and how to protect family. | Know the triggers for emergency care. Have med records ready for family. | Be very careful until vaccine, antiviral, or an immunity shield is can protect public. | Learn from others who are infected. Maintain medical records for family members. |
| Infected & Asymptomatic - No Symptoms Ever | Family behaves as if they can infect someone. Protect “at risk” family members. | Isolate if test positive and contact tracers link infections to you. | Watch for the signs and symptoms triggering seeking emergency care. | Be aware of and watch for the long-term consequences of infection. | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |
| Infected & Pre-symptomatic - Before Symptoms | Know: what “exposure is”, what to do if exposed or notified, by a contact tracer. | Isolate if test positive and contact tracers link infections to you. | Watch for the signs and symptoms triggering seeking emergency care. | Be aware of and watch for the long-term consequences of infection. | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |
| Infected & Symptomatic - Have Symptoms | Be ready for worsening symptoms and to maintain isolation per guidelines. | Isolate if test positive and contact tracers link infections to you. | Watch for the signs and symptoms triggering seeking emergency care. | Be aware of and watch for the long-term consequences of infection. | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |
| Infected & Severely Symptomatic - Need Help | Choose ED Care site, have med records, meds, and a plan. Be ready for patient to be solo phone only contact. | Isolate if test positive and contact tracers link infections to you. Watch for worsening signs/symptoms | Seek emergency care immediately. Have medical records and medications for ED care providers. | Recognize probable long-term consequences after being infected. Be aware of “long haulers” scenario | Maintain latest knowledge of local testing, contact tracing, isolation process AND best emergency care location. |
| Infected & Requiring Hospitalization | Be ready for no contact with patient while at hospital. Be ready to give care at home following hospital discharge. | Be ready to respond to infections of others at home or in contact with patient. | Watch for triggers for emergency care of other family members who may get sick. | Recognize probable long-term consequences after being infected. Be aware of “long haulers” scenario | Maintain latest knowledge of local testing, contact tracing, isolation process AND ID best hospital care providers. |
| Infected & Require ICU Life Support Respirator & ECMO | Keep the family ready for a death. Prepare to deliver substantial care at home if the patient is discharged. | Be ready to respond to isolate and care for infected family members. Quarantine those in significant contact. | Watch for symptom triggers requiring emergency care visit if others in family get sick. | Recognize probable long-term consequences after being infected. Be aware of “long haulers” scenario | Maintain latest knowledge of local testing, contact tracing, isolation process AND ID best hospital care providers. |

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Family Safety Plan

Readiness → Response → Rescue → Recovery → Resilience

| Family Member Scenarios | Be ready for waves or new epidemics. | Response if someone in the home gets sick. | Care of loved on with severe symptoms. | Assistance safely to the "new normal". | Making the family "hardened" as a target |
|--|---|---|---|---|---|
| No Exposure No Test or Negative Test | Social distance, hygiene, cleaning, and masks. Protect high risk family members. | Recognize people with no exposure – no test are at risk for infections. | Know the triggers for emergency care. Have med records ready for family | Be very careful until vaccine, antivirals, or an immunity shield is can protect public. | Learn from others who are infected. Maintain medical records for family members. |
| Exposure to Infected Person and No Test | Know: what "exposure" is, what to if exposed, and if notified by a contact tracer. | Know where to get testing, maintain quarantine period, and how to protect family. | Know the triggers for emergency care. Have med records ready for family | If infected, be aware of the possible long-term consequences of infection. | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |
| Infected & Asymptomatic – No Symptoms Ever | Family behaves as if they can infect someone. Protect "at risk" family members. | Isolate if test positive and contact tracers link infections to you. | Watch for the signs and symptoms triggering seeking emergency care. | Be aware of and watch for the long-term consequences of infection. | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |
| Infected & Pre-symptomatic – Before Symptoms | Know: what "exposure" is, what to if exposed, and if notified by a contact tracer. | Isolate if test positive and contact tracers link infections to you. | Watch for the signs and symptoms triggering seeking emergency care. | Be aware of and watch for the long-term consequences of infection. | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |
| Infected & Symptomatic – Have Symptoms | Family behaves as if they can infect someone. Protect "at risk" family members. | Isolate if test positive and contact tracers link infections to you. | Watch for the signs and symptoms triggering seeking emergency care. | Be aware of and watch for the long-term consequences of infection. | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |
| Infected & Severely Symptomatic – Need Help | Be ready for patient to be solo phone only contact. | Be ready to respond to worsening signs/symptoms | Records and medications for ED care providers. | Using infected: Be aware of "long haulers" scenario | Maintain latest knowledge of local testing, contact tracing, isolation process AND best emergency care location. |
| Infected & Requiring Hospitalization | Be ready for no contact with patient while at hospital. Be ready to give care at home following hospital discharge. | Be ready to respond to infections of others at home or in contact with patient. | Watch for triggers for emergency care of other family members who may get sick. | Recognize probable long-term consequences after being infected. Be aware of "long haulers" scenario | Maintain latest knowledge of local testing, contact tracing, isolation process AND ID best hospital care providers. |
| Infected & Require ICU Life Support Respiator & ECMO | Keep the family ready for a death. Prepare to deliver substantial care at home if the patient is discharged. | Be ready to respond to isolate and care for infected family members. Quarantine those in significant contact. | Watch for symptom triggers requiring emergency care visit if others in family get sick. | Recognize probable long-term consequences after being infected. Be aware of "long haulers" scenario | Maintain latest knowledge of local testing, contact tracing, isolation process AND ID best hospital care providers. |

Customize Your Family Checklists to the Real-life Scenarios that CAN HAPPEN to You!

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Family Safety Plan

Readiness → Response → Rescue → Recovery → Resilience

| Family Member Scenarios | Response if someone in the home gets sick. | Care of loved on with severe symptoms. | Assistance safely to the "new normal". | Making the family "hardened" as a target |
|--|---|---|---|--|
| No Exposure No Test or Negative Test | Recognize people with no exposure – no test are at risk for infections. | Know the triggers for emergency care. Have med records ready for family | Be very careful until vaccine, antivirals, or an immunity shield is can protect public. | Learn from others who are infected. Maintain medical records for family members. |
| Exposure to Infected Person and No Test | Know where to get testing, maintain quarantine period, and how to protect family. | Know the triggers for emergency care. Have med records ready for family | If infected, be aware of the possible long-term consequences of infection. | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |
| Infected & Asymptomatic – No Symptoms Ever | Isolate if test positive and contact tracers link infections to you. | Watch for the signs and symptoms triggering seeking emergency care. | Be aware of and watch for the long-term consequences of infection. | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |
| Infected & Pre-symptomatic – Before Symptoms | Isolate if test positive and contact tracers link infections to you. | Watch for the signs and symptoms triggering seeking emergency care. | Be aware of and watch for the long-term consequences of infection. | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |

Every family or living unit needs to have a plan for each of these scenarios. They will drive the elements of your plan.

| |
|--|
| Infected & Symptomatic – Have Symptoms |
| Infected & Severely Symptomatic – Need Help |
| Infected & Requiring Hospitalization |
| Infected & Require ICU Life Support Respiator & ECMO |

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Family Safety Plan

Readiness → Response → Rescue → Recovery → Resilience

| Family Member Scenarios | Be ready for waves or new epidemics. | Response if someone in the home gets sick. | Care of loved on with severe symptoms. |
|--|---|---|---|
| No Exposure No Test or Negative Test | Social distance, hygiene, cleaning, and masks. Protect high risk family members. | Recognize people with no exposure – no test are at risk for infections. | Know the triggers for emergency care. Have med records ready for family |
| Exposure to Infected Person and No Test | Know: what "exposure" is, what to if exposed, and if notified by a contact tracer. | Know where to get testing, maintain quarantine period, and how to protect family. | Know the triggers for emergency care. Have med records ready for family |
| Infected & Asymptomatic – No Symptoms Ever | Family behaves as if they can infect someone. Protect "at risk" family members. | Isolate if test positive and contact tracers link infections to you. | Watch for the signs and symptoms triggering seeking emergency care. |
| Infected & Pre-symptomatic – Before Symptoms | Know: what "exposure" is, what to if exposed, and if notified by a contact tracer. | Isolate if test positive and contact tracers link infections to you. | Watch for the signs and symptoms triggering seeking emergency care. |
| Infected & Symptomatic – Have Symptoms | Family behaves as if they can infect someone. Protect "at risk" family members. | Isolate if test positive and contact tracers link infections to you. | Watch for the signs and symptoms triggering seeking emergency care. |
| Infected & Severely Symptomatic – Need Help | Be ready for patient to be solo phone only contact. | Be ready to respond to worsening signs/symptoms | Records and medications for ED care providers. |
| Infected & Requiring Hospitalization | Be ready for no contact with patient while at hospital. Be ready to give care at home following hospital discharge. | Be ready to respond to infections of others at home or in contact with patient. | Watch for triggers for emergency care of other family members who may get sick. |
| Infected & Require ICU Life Support Respiator & ECMO | Keep the family ready for a death. Prepare to deliver substantial care at home if the patient is discharged. | Be ready to respond to isolate and care for infected family members. Quarantine those in significant contact. | Watch for symptom triggers requiring emergency care visit if others in family get sick. |

Every plan should include what to do for every scenario through readiness, response, rescue, recovery, and resilience.

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Family Safety Plan

Response → Rescue → Recovery → Resilience

| Response if someone in the home gets sick. | Care of loved on with severe symptoms. | Assistance safely to the "new normal". | Making the family "hardened" as a target |
|---|---|---|--|
| Recognize people with no exposure – no test are at risk for infections. | Know the triggers for emergency care. Have med records ready for family | Be very careful until vaccine, antivirals, or an immunity shield is can protect public. | Learn from others who are infected. Maintain medical records for family members. |
| Know where to get testing, maintain quarantine period, and how to protect family. | Know the triggers for emergency care. Have med records ready for family | If infected, be aware of the possible long-term consequences of infection. | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |
| Isolate if test positive and contact tracers link infections to you. | Watch for the signs and symptoms triggering seeking emergency care. | Be aware of and watch for the long-term consequences of infection. | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |
| Isolate if test positive and contact tracers link infections to you. | Watch for the signs and symptoms triggering seeking emergency care. | Be aware of and watch for the long-term consequences of infection. | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |
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| Isolate if test positive and contact tracers link infections to you. | Watch for the signs and symptoms triggering seeking emergency care. | Be aware of and watch for the long-term consequences of infection. | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |
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| Isolate if test positive and contact tracers link infections to you. | Watch for the signs and symptoms triggering seeking emergency care. | Be aware of and watch for the long-term consequences of infection. | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |

Every plan should include what to do for every scenario through readiness, response, rescue, recovery, and resilience.

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Family Safety Plan

Readiness → Response → Rescue → Recovery → Resilience

| Family Member Scenarios | Be ready for waves or new epidemics. | Response if someone in the home gets sick. | Care of loved on with severe symptoms. | Assistance safely to the "new normal". | Making the family "hardened" as a target |
|---|--|---|---|---|--|
| No Exposure No Test or Negative Test | Social distance, hygiene, cleaning, and masks. Protect high risk family members. | Recognize people with no exposure – no test are at risk for infections. | Know the triggers for emergency care. Have med records ready for family | Be very careful until vaccine, antivirals, or an immunity shield is can protect public. | Learn from others who are infected. Maintain medical records for family members. |

No Exposure No Test or Negative Test

Flowchart: No Symptoms No Exposure → No Test or Test Negative Stay-At-Home → No Immunity → Vaccine → Immunity

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Family Safety Plan

Readiness → Response → Rescue → Recovery → Resilience

| Family Member Scenarios | Be ready for waves or new epidemics. | Response if someone in the home gets sick. | Care of loved on with severe symptoms. | Assistance safely to the "new normal". | Making the family "hardened" as a target |
|---|--|---|---|--|--|
| Exposure to Infected Person and No Test | Know: what "exposure" is, what to if exposed, and if notified by a contact tracer. | Know where to get testing, maintain quarantine period, and how to protect family. | Know the triggers for emergency care. Have med records ready for family | If infected, be aware of the possible long-term consequences of infection. | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |

Exposure to Infected Person and No Test

Flowchart: Exposure for 15 Minutes Over 24 Hours → Exposed and No Testing → Quarantine (SELF QUARANTINED VIRUS FREE CALL or TEXT) → Quarantine for 14 Days

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Family Safety Plan

Readiness → Response → Rescue → Recovery → Resilience

| Family Member Scenarios | Be ready for waves or new epidemics. | Response if someone in the home gets sick. | Care of loved on with severe symptoms. | Assistance safely to the "new normal". | Making the family "hardened" as a target |
|--|---|--|---|--|--|
| Infected & Asymptomatic – No Symptoms Ever | Family behaves as if they can infect someone. Protect "at risk" family members. | Isolate if test positive and contact tracers link infections to you. | Watch for the signs and symptoms triggering seeking emergency care. | Be aware of and watch for the long-term consequences of infection. | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |

Infected & Asymptomatic – No Symptoms Ever

Flowchart: Infected (with Coronavirus Test Positive) → Isolation Area (DO NOT ENTER) → Asymptomatic & Contagious → Viral Shedding → Asymptomatic Not Contagious → Unknown Immunity

Flowchart: Pre-symptomatic & Contagious → Care at Home → Mild Symptoms & Contagious → Recovery → Unknown Immunity

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Family Safety Plan

Readiness → Response → Rescue → Recovery → Resilience

| Family Member Scenarios | Be ready for waves or new epidemics. | Response if someone in the home gets sick. | Care of loved on with severe symptoms. | Assistance safely to the "new normal". | Making the family "hardened" as a target |
|--|--|--|---|--|--|
| Infected & Pre-symptomatic – Before Symptoms | Know: what "exposure" is, what to if expose or notified by a contact tracer. | Isolate if test positive and contact tracers link infections to you. | Watch for the signs and symptoms triggering seeking emergency care. | Be aware of and watch for the long-term consequences of infection. | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |

Infected & Pre-symptomatic – Before Symptoms

Flowchart: Infected (with Coronavirus Test Positive) → Isolation Area (DO NOT ENTER) → Pre-symptomatic & Contagious → Care at Home → Mild Symptoms & Contagious → Recovery → Unknown Immunity

Flowchart: Severe Symptoms & Contagious → Provider Care

Flowchart: Mild Symptoms & Contagious → Recovery → Unknown Immunity

Mild Symptoms may progress to CDC Emergency Signs requiring immediate medical care.

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Family Safety Plan

Readiness → **Response** → **Rescue** → **Recovery** → **Resilience**

| Family Member Scenarios | Be ready for waves or new epidemics. | Response if someone in the home gets sick. | Care of loved on with severe symptoms. | Assistance safely to the "new normal". | Making the family "hardened" as a target |
|---|---|--|---|--|--|
| Infected & Symptomatic - Have Symptoms | Be ready for worsening symptoms and to maintain isolation per guidelines. | Isolate if test positive and contact tracers link infections to you. | Watch for the signs and symptoms triggering seeking emergency care. | Be aware of and watch for the long-term consequences of infection. | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |

Infected & Symptomatic - Have Symptoms

Coronavirus Test Positive

Infected

Pre-symptomatic & Contagious

Mild Symptoms & Contagious

Severe Symptoms & Contagious

Recovery

Unknown Immunity

Provider Care

Care at Home

Unknown Immunity

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Family Safety Plan

Readiness → **Response** → **Rescue** → **Recovery** → **Resilience**

| Family Member Scenarios | Be ready for waves or new epidemics. | Response if someone in the home gets sick. | Care of loved on with severe symptoms. | Assistance safely to the "new normal". | Making the family "hardened" as a target |
|--|--|---|--|---|--|
| Infected & Severely Symptomatic - Need Help | Choose ED Care site, have med records, meds, and a plan. Be ready for patient to be solo phone only contact. | Isolate if test positive and contact tracers link infections to you. Watch for worsening signs/symptoms | Seek emergency care immediately. Have medical records and medications for ED care providers. | Recognize probable long-term consequences after being infected. Be aware of "long haulers" scenario | Maintain latest knowledge of local testing, contact tracing, isolation process AND best emergency care location. |

Infected & Severely Symptomatic - Need Help

Coronavirus Test Positive

Infected

Severe Symptoms & Contagious

Recovery

Unknown Immunity

Provider Care

Hospitalization

Severe Symptoms and Contagious and Hospitalized

Death

No Lung Damage

Significant Lung Damage

Severe Signs and Symptoms may progress to CDC Emergency Signs requiring immediate medical care.

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Family Safety Plan

Readiness → **Response** → **Rescue** → **Recovery** → **Resilience**

| Family Member Scenarios | Be ready for waves or new epidemics. | Response if someone in the home gets sick. | Care of loved on with severe symptoms. | Assistance safely to the "new normal". | Making the family "hardened" as a target |
|---|---|---|---|---|---|
| Infected & Requiring Hospitalization | Be ready for no contact with patient while at hospital. Be ready to give care at home following hospital discharge. | Be ready to respond to infections of others at home or in contact with patient. | Watch for triggers for emergency care of other family members who may get sick. | Recognize probable long-term consequences after being infected. Be aware of "long haulers" scenario | Maintain latest knowledge of local testing, contact tracing, isolation process AND ID best hospital care providers. |

Infected & Requiring Hospitalization

Provider Care

Severe Symptoms & Contagious

Death

Recovery

Unknown Immunity

No Lung Damage

Significant Lung Damage

Hospitalization

Severe Symptoms and Contagious and Hospitalized

Death

Intensive Care

ICU Severe Symptoms and Contagious and Hospitalized

Death

Recovery

Immunity

No Lung Damage

Significant Lung Damage

Coronavirus University Med Tac Bystander Rescue Care

Family Safety Plan

Readiness → **Response** → **Rescue** → **Recovery** → **Resilience**

| Family Member Scenarios | Be ready for waves or new epidemics. | Response if someone in the home gets sick. | Care of loved on with severe symptoms. | Assistance safely to the "new normal". | Making the family "hardened" as a target |
|--|--|---|---|---|---|
| Infected & Require ICU Life Support Respirator & ECMO | Keep the family ready for a death. Prepare to deliver substantial care at home if the patient is discharged. | Be ready to respond to isolate and care for infected family members. Quarantine those in significant contact. | Watch for symptom triggers requiring emergency care visit if others in family get sick. | Recognize probable long-term consequences after being infected. Be aware of "long haulers" scenario | Maintain latest knowledge of local testing, contact tracing, isolation process AND ID best hospital care providers. |

Infected & Require ICU Life Support Respirator & ECMO

Intensive Care

ICU Severe Symptoms and Contagious and Hospitalized

Death

Recovery

Immunity

No Lung Damage

Significant Lung Damage

ICU Severe Symptoms and Contagious on Respirator 11-21 Days

Death

ICU Severe Symptoms, Contagious on Respirator & on Dialysis & Multi-system Failure

Death

Recovery

Immunity

No Lung Damage



Significant Lung Damage

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TMIT Global: Effectiveness of Masks

The Family Plan: Learning as a Family

Who is the CFO?

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MED TAC Global Coronavirus Care Community of Practice Bystander Rescue Care CareUniversity Series

Safety Plan Templates for Everyone Family Survive & Thrive Guide™





David Beshk
Award Winning Educator
Med Tac School
Program Leader
Scout Program Mentor
San Juan Capistrano, CA



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TMIT Global: Effectiveness of Masks

Thoughts for Families with Young Children:

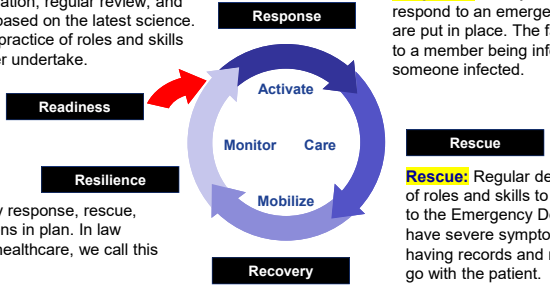



- Review other Readiness Checklists. Use FEMA Emergency Preparedness Checklist (we use when we teach Med Tac Bystander Rescue Program).
- Make sure you have Personal Protective Equipment for everyone.
- Make sure you have a copy of everyone's Medical Records including lists of allergies and meds.
- Review the 5 Rights of Emergency Care video to be prepared for a new experience.
- Use Icons in your plan to make plan family friendly.
- Create plan sections for adults and children
- Create an "All Teach All Learn" Environment
- Play Date Simulations for being prepared.
- Gamify Readiness – we use FEMA as an example

CardUniversity Med Tac Bystander Rescue Care

Survive & Thrive Guide: Protecting Your Family

Family Health Safety Plans



Readiness: Preparation, regular review, and updating of a plan based on the latest science. Regular deliberate practice of roles and skills each family member undertake.

Response: Family moves to action to respond to an emergency. Safeguards are put in place. The family may respond to a member being infected or exposed to someone infected.

Resilience: Fortify response, rescue, and recovery actions in plan. In law enforcement and healthcare, we call this "target hardening".

Recovery: Follow up care of the family member after an event. Returning to normal family activities after a family member is infected and isolated, hospitalized, or under quarantine.

Rescue: Regular deliberate practice of roles and skills to take a loved one to the Emergency Department if they have severe symptoms. This means having records and medications ready go with the patient.

CardUniversity Med Tac Bystander Rescue Care

Coronavirus - Protecting You & Your Family: Coming Home Safely, August 6, 2020

Family Safety Plan

| Family Member Scenarios | Readiness |
|---|---|
| No Exposure No Test or Negative Test | Social distance, hygiene, cleaning, and masks. Protect high risk family members. |
| Exposure to Infected Person and No Test | Know what "exposure" is, what to if exposed, and if notified by a contact tracer. |
| Infected & Asymptomatic - No Symptoms Ever | Family behaves as if they can infect someone. Protect "at risk" family members. |
| Infected & Pre-symptomatic - Before Symptoms | Know what "exposure is", what to do if exposed or notified by a contact tracer. |
| Infected & Symptomatic - Have Symptoms | Be ready for worsening symptoms and to maintain isolation per guidelines. |
| Infected & Severely Symptomatic - Need Help | Choose ED Care site, have med records, meds, and a plan. Be ready for patient to be sole phone only contact. |
| Infected & Requiring Hospitalization | Be ready for no contact with patient while at hospital. Be ready to give care at home following hospital discharge. |
| Infected & Require ICU Life Support Respirator & ECMO | Keep the family ready for a death. Prepare to deliver substantial care at home if the patient is discharged. |

Family Plan Checklist

Readiness

Awareness

- Family Scenario Readiness Awareness: All members aware of all family scenarios that may evolve.
- National and Local Guideline Awareness: CDC, Local Public Health, and School Guidelines will change. Social distance, masks, hand hygiene, cleaning contact surfaces, and limiting group gatherings and poorly ventilated areas with the family.
- Community Threat Awareness: Local community infection rates will need to drive your plan.
- Readiness Knowledge - 4 P's: Information regarding Prevention, Preparedness, Protection, and Performance Improvement. Watch videos, read, and consult caregivers. Example: MedTacGlobal website, teachers, and caregivers who care for the family.

Accountability

- Readiness Assignment of Tasks to Members: Who does what, when, why, and how to respond if for the Family Member Scenarios for response, rescue, recovery, and resilience.
- Readiness Task Completion Log: E.g. Care and maintenance of masks tied to a schedule and maintaining disinfectants and cleaning.

Ability

- Readiness Skills: Deliberative Practice of skills to assure competency currency.
- Readiness Resources: Staff, supplies, and space. Allocation of the funds to assure adequate resources.

Action

- Create a **written** Family Safety Plan
 - Step 1: Identify Each Members Threat Profile
 - Step 2: Identify and Follow Local Coronavirus Threats
 - Step 3: Develop a Family Safety Plan
 - Step 4: Plan the Flight and Fly the Plan
- Assemble Family Medical Records: Hardcopy & electronic. See Example Forms.
- Establish Required Staff, Supplies, and Space: Maintain in a state of readiness.

Family Safety Plan

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Family Safety Plan

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|---|---|
| No Exposure No Test or Negative Test | Recognize people with no exposure - no test are at risk for infections. |
| Exposure to Infected Person and No Test | Know where to get testing, maintain quarantine period, and how to protect family. |
| Infected & Asymptomatic - No Symptoms Ever | Isolate if test positive and contact tracers link infections to you. |
| Infected & Pre-symptomatic - Before Symptoms | Isolate if test positive and contact tracers link infections to you. |
| Infected & Symptomatic - Have Symptoms | Isolate if test positive and contact tracers link infections to you. |
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Family Plan Checklist

Response

Awareness

- Family Scenario Response Awareness: Every member aware of how to respond to the Family Member Scenarios: If family member is exposed to infected people, if infected, if infected and symptomatic, and if infected and have severe symptoms. They need to understand quarantine, isolation, and care at home.
- Response Knowledge - 4 P's: Information regarding response to exposure, infection, and hospitalization. Prevention of spread to other living unit members. Preparedness for quarantine, isolation, and care of the family member at home. Protection concepts and tools such as PPE. Performance Improvement includes continuously learning from professional caregivers and trusted guideline sources.

Accountability

- Response Task Accountability Reinforced: Who does what, when, why, and how to respond if for the Family Member Scenarios if someone gets infected, exposed, or need care in the home.
- Response Task Completion Log: Task completion should be documented to maximize effectiveness. Examples include care and maintenance of masks, use of disinfectants, and regular cleaning.

Ability

- Response Skills: Maintenance of isolation areas and care of an infected family member in isolation will require proper use of PPE, managing airflow to reduce aerosol risks, food service, and laundry functions.
- Response Resources: Staff, supplies, space, and financial resources must be available. Staff include family members and service providers. Adequate funding must be allocated to assure proper actions.

Action

- Activate Family Member Scenario Plans: When family members are exposed, infected, become symptomatic, become severely symptomatic, are hospitalized, or admitted to ICU the plans are activated.
 - Exposure to Infected Person and No Test: Quarantine
 - Infected and Asymptomatic: Isolation
 - Infected and Pre-symptomatic: Isolation and Care when Symptomatic
 - Infected and Symptomatic - Isolation and Care at Home. Follow the Rescue Checklist if CDC emergency warning signs develop (see below).

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Coronavirus - Protecting You & Your Family: Coming Home Safely, August 6, 2020

Family Safety Plan

Rescue →

Rescue → **Family Plan Checklist**

Rescue →

| Family Member Scenarios | Care of loved on with severe symptoms. |
|---|--|
| No Exposure No Test or Negative Test | Know the triggers for emergency care. Have med records ready for family |
| Exposure to Infected Person and No Test | Know the triggers for emergency care. Have med records ready for family |
| Infected & Asymptomatic – No Symptoms Ever | Watch for the signs and symptoms triggering seeking emergency care. |
| Infected & Pre-symptomatic – Before Symptoms | Watch for the signs and symptoms triggering seeking emergency care. |
| Infected & Symptomatic – Have Symptoms | Watch for the signs and symptoms triggering seeking emergency care. |
| Infected & Severely Symptomatic – Need Help | Seek emergency care immediately. Have medical records and medications for ED care providers. |
| Infected & Requiring Hospitalization | Watch for triggers for emergency care of other family members who may get sick. |
| Infected & Require ICU Life Support Respirator & ECMO | Watch for symptom triggers requiring emergency care visit if others in family get sick. |

Awareness

- Family Rescue Scenario Awareness: Members need to be aware of "rescue scenarios" and what the CDC describes as "emergency warning signs":
 - Trouble breathing
 - Persistent pain or pressure in the chest
 - New confusion
 - Inability to wake or stay awake
 - Bluish lips or face

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

Rescue Knowledge - 4 P's: Family members are aware of how to be prepared, prevent medical errors, protect loved ones, and learn performance improvement from caregivers.

Accountability

- Rescue Task Accountability Reinforced: Everyone needs to know what, when, why, and how to respond when someone develops the CDC emergency warning signs.
- Rescue Task Completion Log: These recorded lifesaving tasks are vital to professional caregivers.

Ability

- Rescue Skills: Care of an infected family member in isolation requires safe use of PPE, safe transportation, and protecting family members.
- Rescue Resources: Staff, supplies, space, and financial resources vital. Staff include family members and service providers. Adequate funding, PPE supplies, and disinfection resources are critical.

Action

- Follow the Plan for the Family Member Scenario: Specific checklists for each scenario needs to be followed. The most important issue is that patients will have to be admitted to hospital alone.
 - Infected & Severely Symptomatic – Need Help: Emergency Sign recognition, safe transportation, safe communication with Caregivers are critical. See SBAR for Patients Communication Tool.
 - Infected Requiring Hospitalization: Communication with Hospital Caregivers will have to be by phone or mobile web device. Briefings with family members is ideal through one family member.
 - Infected & Require ICU Life Support Respirator & ECMO: The seriousness of the situation should be communicated to the family members.

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Med Tac Bystander Rescue Care

Family Safety Plan

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Rescue → **Family Plan Checklist**

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Med Tac Bystander Rescue Care

Family Safety Plan

Recovery →

Recovery → **Family Plan Checklist**

Recovery →

| Family Member Scenarios | Assistance safely to the "new normal". |
|---|---|
| No Exposure No Test or Negative Test | Be very careful until vaccine, antivirals, or an immunity shield is can protect public. |
| Exposure to Infected Person and No Test | If infected, be aware of the possible long-term consequences of infection. |
| Infected & Asymptomatic – No Symptoms Ever | Be aware of and watch for the long-term consequences of infection. |
| Infected & Pre-symptomatic – Before Symptoms | Be aware of and watch for the long-term consequences of infection. |
| Infected & Symptomatic – Have Symptoms | Be aware of and watch for the long-term consequences of infection. |
| Infected & Severely Symptomatic – Need Help | Recognize probable long-term consequences after being infected. Be aware of "long haulers" scenario |
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Awareness

- Family Recovery Scenario Awareness: Every member aware of how to respond to Make sure family members are aware of "recovery scenarios" to help family members return to a "new safe normal".

Recovery 4 P's: Family members are aware of how to prevent reinfection, be prepared to recover, prevent medical errors, protect loved ones and learn performance improvement the experiences of others. They need to understand the "long hauler threat" and threats to children such as Multisystem Inflammatory Syndrome (MIS-C). Citation: <https://www.cdc.gov/mis-c/> This condition is also being described in adults (MIS-A) Post-infection immunity is not well understood or assured. Therefore beware of risk of relapsing prevention behaviors. There may be specific prevention behaviors for specific patients.

Accountability

- Recovery Task Accountability Reinforced: Members will need to maintain accountability for recovery the tasks to assure safe return to the "new normal" – social distance, mask use, hand washing, contact surface disinfection, avoiding poorly ventilated areas, and group events. Updating of recovering member's threat profile, medical records, and history action items.
- Recovery Task Completion Log: Documentation may be very important to future care decisions.

Ability

- Recovery Skills: Communication and deliberate practice of skills to help children, youth, adults, and seniors SAFELY return to work, play, and pray. Care of those experiencing severe harm or sequelae.
- Recovery Resources: Staff, supplies, space, and financial resources must be available to allow the family to return to a new safe normal. Adjustment of sports equipment and participation are important.

Action

- The actions include care documentation and preparation for future problems:
 - Record & Follow Return for Care Precautions: The specific caregiver instructions to return for care if patients deteriorate – return of signs and symptoms and specific conditions caregivers identify.
 - Update Family Member Threat Profiles: New medical information should be added to the member threat profile in order to be able to respond properly if there is deterioration or reinfection.
 - Update and Maintain Medical Records: The latest medical records of the infected person need to be included in case of a future infection, hospital admission, "long hauler" disease, MIS-C, or MIS-A.

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Family Safety Plan

Resilience

Family Plan Checklist

During the "quiet before the storm" between community infection surges or after caring for someone, it is an ideal time to "harden the target" of the home and members. Family Learn from professional caregivers, public health experts, experiences of others in the community, and the family.

Awareness

- Family Impact Scenarios Review: Family Impact Scenarios can be updated. Performance improvement can be informed by member caregivers and guidelines. Underlying conditions can evolve.
- Resilience Knowledge Review - 4 P's: Make sure everyone is aware of the lessons learned about prevention, preparedness, protection, and performance improvement related to spread of infections and care of the family living unit members.

Accountability

- 5 R Accountability Task Assignments Review: Review all the task assignments for each of the 5 R Phases in order to optimize them from lessons learned internally and externally.
- 5 R Task Completion Logs Reviewed: Review of each of the 5 R Phases of the task completion logs provide insights to performance improvement.

Ability

- Resilience Skills: As the Coronavirus Crises evolves, so will the skills for recognizing and caring for family members.
- Resilience Resources: Staff, supplies, space, and financial resources must be available and budgeted for the future. Staff include family members and service providers. Hardening target of the living space to external threats and from internal threats to the family when members are in isolation are important.

Action

- Revise Family Safety Plan and Update All Checklists
 - Readiness: The team & space needs reviewed to be ready for response, rescue, and recovery.
 - Response: Testing, quarantine, isolation, and guidelines for essential workers are rapidly evolving.
 - Rescue: The clinical signs, symptoms, and means of caregivers providing proper emergency care are evolving as are the interventions. This is why updates to medical records are so important.
 - Recovery: The long-term impact of the disease impacts the length and means of recovery.
- Review & Update Each Family Member Threat Profile: The inherent threats to individual family members change and their medical records will be very important to successfully care for them.

Resilience

| Family Member Scenarios | Making the Family "hardened" as a target |
|--|--|
| No Exposure No Test or Negative Test | Learn from others who are infected. Maintain medical records for family members. |
| Exposure to Infected Person and No Test | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |
| Infected & Asymptomatic - No Symptoms Ever | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |
| Infected & Pre-symptomatic - Before Symptoms | Maintain prevention, testing, contact tracing, isolation and quarantine knowledge. |
| Infected & Symptomatic - Have Symptoms | Maintain latest knowledge of local testing, contact tracing, isolation process AND best emergency care location. |
| Infected & Severely Symptomatic - Need Help | Maintain latest knowledge of local testing, contact tracing, isolation process AND best hospital care providers. |
| Infected & Requiring Hospitalization | Maintain latest knowledge of local testing, contact tracing, isolation process AND best hospital care providers. |
| Infected & Require ICU Life Support Responder & ECMO | Maintain latest knowledge of local testing, contact tracing, isolation process AND best hospital care providers. |

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Family Safety Plan

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Resilience

CareUniversity Med Tac Bystander Rescue Care

Survive & Thrive Guide: Protecting Your Family

READINESS

- Family Scenarios: All understand family scenarios
- National and Local Guidelines: CDC, Local Public Health, and School Guidelines understood.
- Community Threat Awareness: Local infection rate understood.
- Readiness Knowledge - 4 P's: Prevention, Preparedness, Protection, and Performance Imp.
- Accountability: Response Task Assignment: Who does what, when, of member tasks by Family Scenario.
- Readiness Task Completion Log: Documentation.
- Readiness Skills: Deliberative Practice.
- Readiness Resources: Staff, supplies, and space. Allocation of the funds.

Action

- Create a **write** Family Safety Plan: Readiness, Response, Rescue, Recovery, and Resilience.
- Identify Each Member's Threat Profile
- Identify Local Community Threats
- Develop a Family Safety Plan
- Plan the Right Land By the Plan
- Assemble Family Medical Records: Hardcopy summaries & electronic versions.
- Establish Required Staff, Supplies, and Space: Maintain in a state of readiness.

RESPONSE

Awareness

- Family Scenario Response Awareness: Know how to respond the exposed, if infected, infected and symptomatic, and if infected with severe symptoms. Understand quarantine, isolation, and care at home.
- Response Knowledge - 4 P's: Prevention of spread. Preparedness for quarantine, isolation, and home care. Protection concepts and tools such as PPE. Performance improvement from caregivers and trusted guideline sources.

Accountability

- Response Task Accountability: Task assignment to Family Members.
- Response Task Completion Log: Task completion should be documented to maximize effectiveness.

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- Response Skills: Maintenance of isolation areas and care of an infected family member in isolation will require proper use of PPE, managing airflow to reduce aerosol risks, food service, and laundry functions.
- Response Resources: Staff, supplies, space, and financial resources must be available.

Action

- Activate Family Member Scenario Plans:
 - Exposure to Infected Person and No Test: Quarantine.
 - Infected and Asymptomatic Isolation
 - Infected and Pre-symptomatic Isolation and Care when Symptomatic.
 - Infected and Symptomatic Isolation and Care at Home. Follow the Rescue Checklist if CDC emergency warning signs develop (see below).

RECOVERY

Awareness

- Family Recovery Scenario Awareness: Know "recovery scenarios" with return to a "new safe normal"
- Long Hauler Threat
- Multi-system Inflammatory Syndrome (MIS-C) in children and MIS-A in adults.
- Recovery 4 P's: Prevent reinfection - post-infection immunity not assured. Protect family - learn performance improvement from others.

Accountability

- Recovery Task Accountability Reinforced: Assign tasks for assure safe return to the "new normal" - social distance, mask wearing, hand washing, contact surface disinfection, avoiding poorly ventilated areas, and group events. Updating of recovering member's threat profile, medical records, and history action items.
- Recovery Task Completion Log: Info may be very important to future care decisions.

Ability

- Recovery Skills: Help children, youth, adults, and seniors SAFELY return to work, play, and daily. Recovery care after severe illness.
- Recovery Resources: Staff, supplies, space, and finances for family to return to a new safe normal. Adjust to sports & play.

Action

- The actions include care documentation and preparation for future problems:
 - Record & Follow "Return Precautions"
 - Specific caregiver instructions to return for care if patients deteriorate
 - Update Family Member Threat Profiles: New medical info added to threat profile
 - Update and Maintain Medical Records: In case of a future infection, hospital admission, "long hauler", MIS-C, or MIS-A

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Bystander Rescue Care
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Chief William Adcox

Dr. Chris Fox

Matt Horace

Heather Foster RN

Dr. Charles Denham
Moderator


Law Enforcement Caregiver Panel

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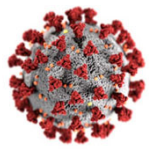
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Chris Fox MD
 Chairman
 Department of
 Emergency Medicine
 University of California Irvine



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Survive & Thrive Guide: Protecting Your Family

BASIC MODULES

- Why Social Distancing WORKS
- Masks ARE Critical
- Masks: The SCIENCE of Success
- Hand Washing & DISINFECTANTS
- CLEAN High Contact Surfaces
- Building a FAMILY SAFETY PLAN
- If we NEED Emergency Care
- Why ICU, Respirators, and ECMO



Dr. Christopher Peabody
 Discusses the new challenges when bringing a loved one to the Emergency Department

NEW Emergency Dept. Issues

Emergency Department and COVID Care

The 5 Rights of Emergency Care

- Right Provider
- Right Diagnosis
- Right Treatment
- Right Discharge
- Right Follow Up

06:10

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Heather Foster, RN
 Practicing Nurse
 Infection Preventionist
 Patient Safety Expert



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Why Social Distance WORKS

DAY 1 1 Person

DAY 5 1.25 People INFECTED

DAY 30 15 People INFECTED

13:20

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Masks: The SCIENCE of Success

27:07

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Handwashing & DISINFECTANTS

04:20

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RISK of High Contact Surfaces

Coronavirus Lives on Surfaces

| | | | |
|--------------------------|----------|----------------------------|----------|
| Paper and Tissue Paper** | 3 hours | Stainless Steel* | 2-3 days |
| Copper | 4 hours | Polypropylene Plastic* | 3 days |
| Cardboard* | 24 hours | Glass** | 4 days |
| Wood** | 2 days | Paper Money** | 4 days |
| Cloth** | 2 days | Outside of surgical mask** | 7 days |

07:34

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- Why ICU, Respirators, and ECMO

ICU Care, Respirators, and ECMO

06:00

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Matt Horace
Chief Security Officer
Mayo Clinic
Best Selling Author



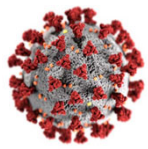
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Chief William Adcox
Chief Security Officer
Associate Vice President
MD Anderson Cancer Center
Chief of Police University of Texas at Houston



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Teens, College Students, and Young Adults



11-04-20

College Student, 20, Found Dead in Dorm Room After Testing Positive to COVID-19: 'This Loss Is Forever'


A 20-year-old student has died in her dorm room while in quarantine after testing positive for the novel [coronavirus \(COVID-19\)](#). Bethany Nesbitt — a [third-year psychology major at Grace College in Winona Lake, Indiana](#) — was found dead in a residence hall on Friday around 10 a.m., her school [confirmed in a statement](#). Kosciusko County Coroner Tony Ciriello tells PEOPLE on Tuesday that Bethany [tested positive for coronavirus, which can affect the pulmonary system, and her cause of death has been ruled as a pulmonary embolus](#). An asthmatic and began experiencing symptoms consistent with COVID-19 on the week of Oct. 20. [She tested for the virus on Oct. 22, though the results were "never delivered, due to a clerical error," according to the family.](#)




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Young Adult Speakers & Reactors




Perry Bechtie III
Moderator




Clair Peck




D Pollicchio




Jaime Yrastorza



Preston Head III



Paul Bhatia EMT



Charlie Denham III

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Perry Bechtle III

University of Florida Senior
Pre-Med Student
Med Tac Master Instructor
Eagle Scout and Eagle Team Lead



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Jaime Yrastorza

Graduate UCSD
Pre-Med Student
Med Tac College Team



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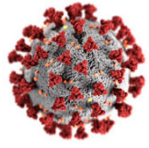
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Paul Bhatia, EMT

UCI Pre-Med Student
EMT
President UCI EMT Association
Med Tac Instructor



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Clair Peck

NYU Sophomore
Film Student
Med Tac Production
Team Member



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Danny Policichio
NYU Film Student
Producer Med Tac Bystander
Rescue Program Films



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Preston Head III
Master Med Tac Instructor
Co-founder Med Tac Surf &
Lifeguard Program



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Survive & Thrive Guide™



November 2, 2020



A 13-year-old Missouri boy's last day of school was in late October. He died from Covid-19 days later

An eighth-grade student from Missouri passed away from complications related to Covid-19. Peyton Baumgarth, 13, died over the weekend. His last day of school was October 22, and the school was informed he was in quarantine the following Monday.

"We extend our heartfelt sympathy to the family and ask that the public respects their privacy," she wrote. "His family deserves nothing less. **The family also asks that we all remember to wear masks, wash hands frequently and follow guidelines. COVID-19 is real and they want to remind students and parents to take these precautions in and outside of school.**"


Peyton was a "a wonderful young man, who always had a smile to share with you," his family wrote...

Source: <https://www.cnn.com/2020/11/02/us/missouri-13-year-old-dies-covid-19-trnd/index.html>


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Faith-based & Scout Leader Speakers & Reactors




Randal Styner




Keith Filtner




John Little



John Tomlinson



Charlie Denham III




Dr. Charles Denham

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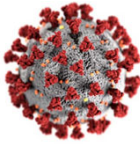
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Charles R Denham III
Co-founder Med Tac Bystander Rescue Program
Junior Med Tac Instructor
Co-lead Med Tac Surf & Lifeguard Program



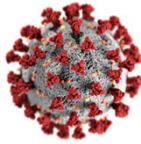
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John Tomlinson JD MBA
Scout Troop Committee Chair
Med Tac Adopt a Cove Program Partner
Community Leader




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Survive & Thrive Guide: Protecting Your Family

Tomlinson Home Isolation Chamber

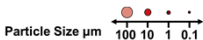


Airborne Threat and HVAC Systems



AEROSOLS are smaller will evaporate faster than they can settle, are buoyant, and thus can be affected by air currents, which can transport them over longer distances.

DROPLETS will undergo gravitational settling faster than they evaporate, contaminating high contact surfaces and leading to contact transmission.



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Randy Styner
Emergency Management Director
UCI Police Department
Assistant Scout Master



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John Little
Paramedic
Faith-based Security and Medical Leader
Med Tac Master Instructor



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Keith Flitner
Aerospace Engineer
Scout Leader
Eagle Scout



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Speakers & Reactors

| | | | | | | |
|--|---|--|--|--|---|---|
|  Chief William Adcox |  Dr. Gregory Botz |  Heather Foster RN |  Dr. Chris Fox |  David Beshk |  Perry Bechtie III | |
|  Jennifer Dingman |  Matt Horace |  Clair Peck |  D Policchio |  Jaime Yrastorza |  Paul Bhatia EMT |  Charlie Denham III |
|  Preston Head III |  Randal Styner |  Keith Flitner |  John Little |  John Tomlinson |  Dr. Charles Denham | |

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National Survey Questions

I have already responded to the Family Health Safety Survey

YES **NO**

State what you want to see in the Family Safety Plan Templates in Free Text Entry

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READINESS

My family is ready to take care of a loved one with Coronavirus in our home.

10 9 8 7 6 5 4 3 2 1
← Very Strongly Agree Strongly Agree Agree Agree Neutral Neutral Negative to Neutral Disagree Strongly Disagree Very Strongly Disagree →

What readiness information would you like to have?

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RESPONSE

My family knows what actions to take if a loved one becomes infected with Coronavirus.

10 9 8 7 6 5 4 3 2 1
← Very Strongly Agree Strongly Agree Agree Agree Neutral Neutral Negative to Neutral Disagree Strongly Disagree Very Strongly Disagree →

What information would help you respond when a loved one becomes infected?

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RESCUE

My family knows what do when someone develops severe COVID-19 symptoms.


10 9 8 7 6 5 4 3 2 1
← Very Strongly Agree Strongly Agree Agree Agree Neutral Neutral Negative to Neutral Disagree Strongly Disagree Very Strongly Disagree →

What information would help your family react if someone develops severe symptoms?

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RECOVERY



My family has a safety plan to return to work and play when the Coronavirus social restrictions are relaxed.


← 10 9 8 7 6 5 4 3 2 1 →

Very Strongly Agree Strongly Agree Agree Agree Neutral Neutral Negative to Neutral Disagree Strongly Disagree Very Strongly Disagree

What information would help your family return to the new normal?

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RESILIANCE




My family has a plan to make them less vulnerable to epidemics in the future.

← 10 9 8 7 6 5 4 3 2 1 →

Very Strongly Agree Strongly Agree Agree Agree Neutral Neutral Negative to Neutral Disagree Strongly Disagree Very Strongly Disagree

What information would help you become more resilient in the future?

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Changing behaviors of teens and young adults is key to beating the Coronavirus Crisis.

← 10 9 8 7 6 5 4 3 2 1 →

Very Strongly Agree Strongly Agree Agree Agree Neutral Neutral Negative to Neutral Disagree Strongly Disagree Very Strongly Disagree

My suggestions to help making teens and young adults leaders in becoming part of the solution are:


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Providing Care at Home A Survive & Thrive Guide™



Home Care

- Seniors
- Care Team
- Care Room Set Up
- Supplies

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