

Coronavirus Care Community of Practice Bystander Rescue Care CareUniversity Series

Family Survive & Thrive Guide: Coming Home Safely

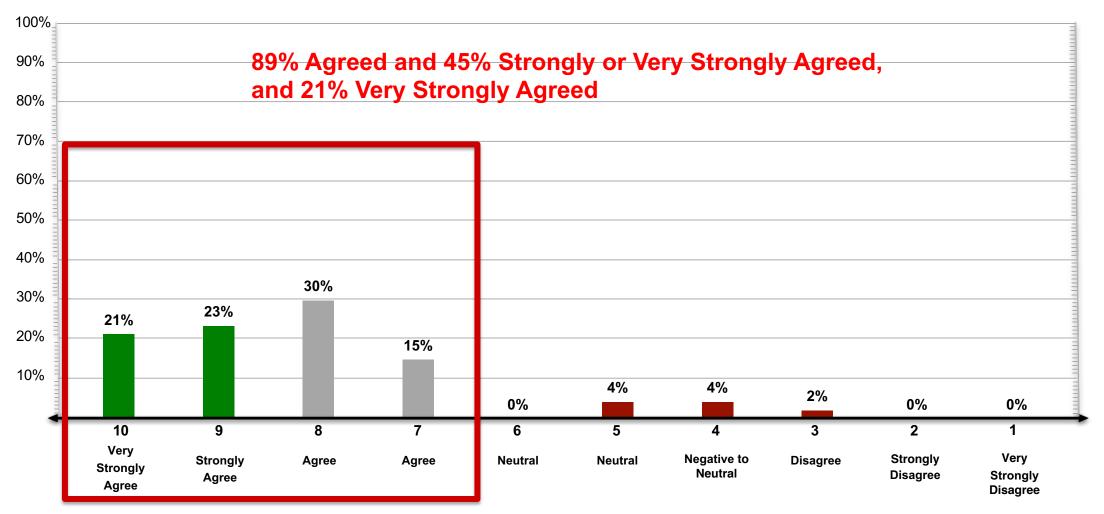


August 06, 2020 *CareUniversity Webinar* #143

For resource downloads go to: www.MedTacGlobal.org

My family is ready to take care of a loved

one with Coronavirus in our home



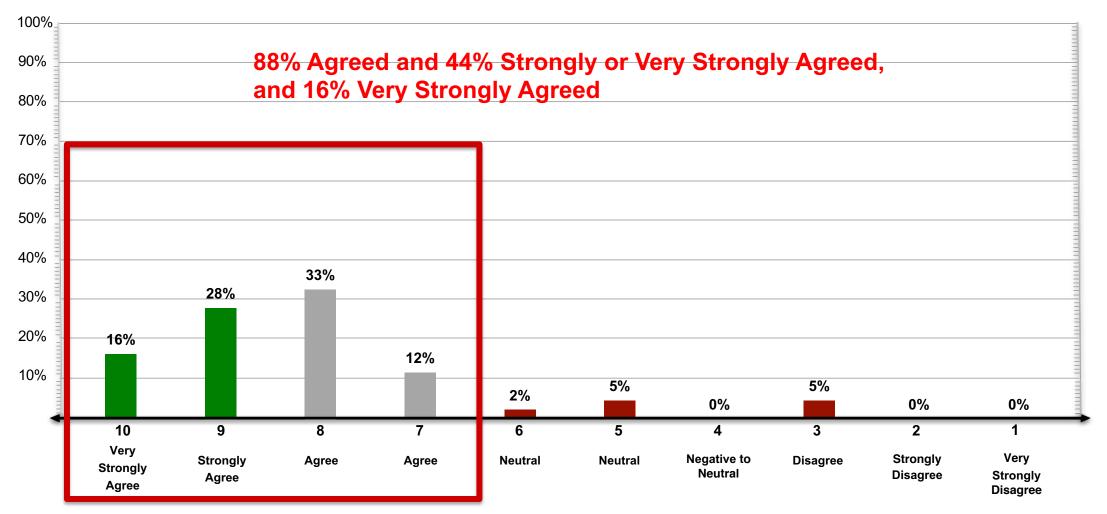
Source: Coronavirus Care Community of Practice Webinar - Family Survive & Thrive Guide: Coming Home Safely – August 06, 2020

What <u>READINESS</u> information Would you like to have?

- Checklist for what to have at home and how to set up isolation
- Continued information on risk of bringing it home on surfaces
- Earthquakes
- How to adapt limited space, I.E. An apartment vs. A house with a basement or garage.
- How to plan with one bathroom in home
- How to take care of someone that have COVID 19
- Masks
- More details on what kills the germs-- % of alcohol vs bleach, etc.

- More on helping kids off to school and returning from school by kids
- More on how long virus last in human host
- PPE kit for home
- Printable guides would be wonderful!
- That was very well covered.
- Validity testing regarding the science behind masks.
- What are the next steps.
- What works to clean adequately on surfaces
- Source: Coronavirus Care Community of Practice Webinar Family Survive & Thrive Guide: Coming Home Safely August 06, 2020

My family knows what actions to take if a loved one becomes infected with Coronavirus.



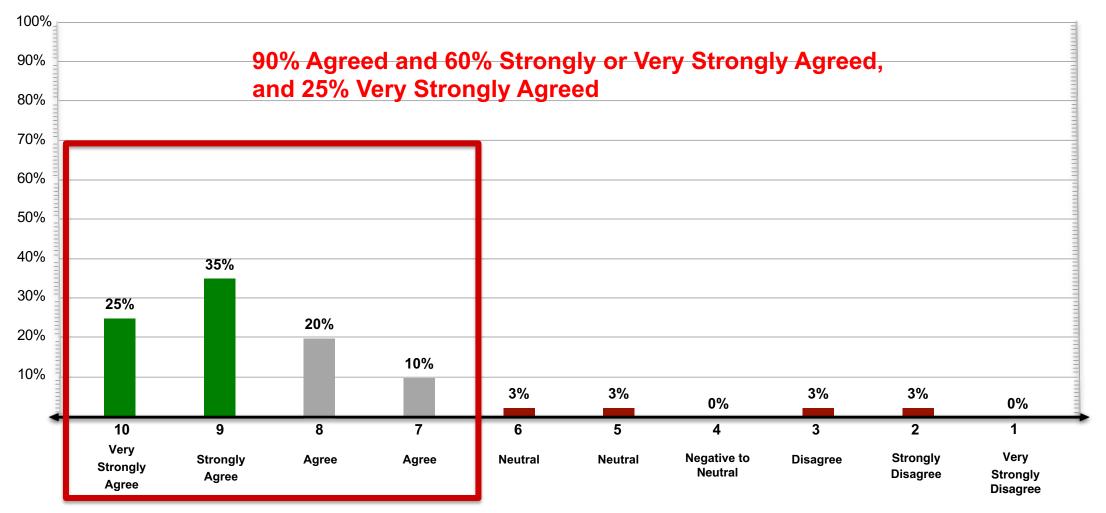
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What information would help you <u>RESPOND</u> when a loved one becomes infected?

- Availability of PPE and cleaning supplies.
- Create family plan
- Exact next steps on how to handle
- How to "MacGyver" cleaning supplies
- How to guide
- Knowing I can find info and it is current and accurate
- Knowing when they were infected and where they might have been infected from
- Likely need to have the 5 rights information format, so family can review it readily
- Practical ways to best meet the situation.

- Quarantine
- Resources in that area of the country
- Safety preps for house. I've thought of some but wish a concise list if possible.
- Signs and symptoms
- The slides with hot, warm, cold
- Treatment
- Understand isolation
- Ways, when space is an issue, that we can create isolation in the home
- Where to get tested?
- Source: Coronavirus Care Community of Practice Webinar Family Survive & Thrive Guide: Coming Home Safely August 06, 2020

My family knows what do when someone develops severe COVID-19 symptoms.



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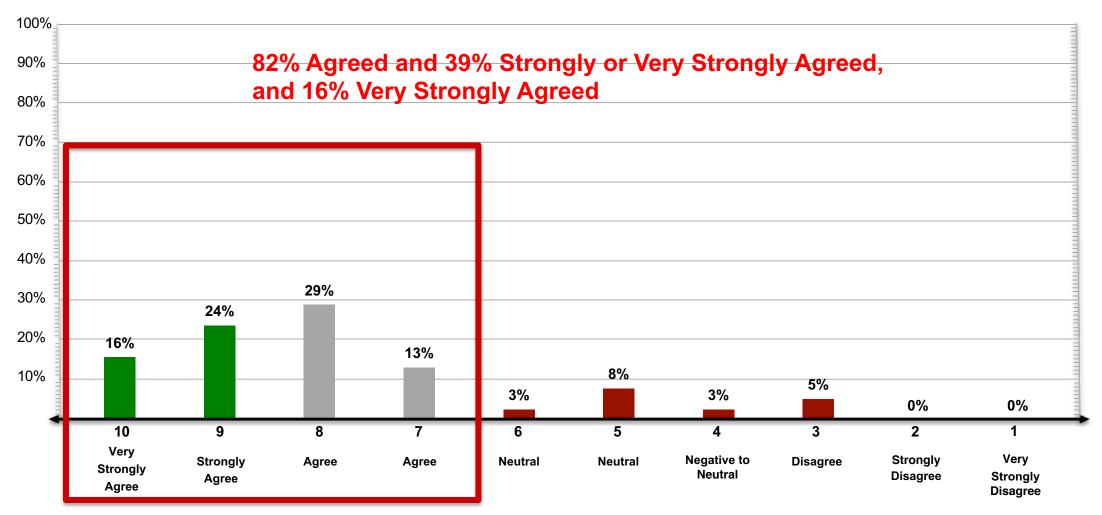
What information would help your family react if someone develops severe symptoms (Rescue)?

- Accurate information
- CDC
- Communication
- Devices, supplies to have in home or get quick access to - E.G. Oxygen measuring devices easy to access, reliable, lo cost.
- Guides per above.
- How to clean properly
- Importance of ed access and prep.

- It was very well covered in the webinar.
- Nothing-severe symptoms would require 911 to be called.
- Ok- household of doctors just elderly mother but very clear WRT end of life decisions
- The information presented
- Understanding our responses and having a plan

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My family has a safety plan to return to work and play when the Coronavirus social restrictions are relaxed



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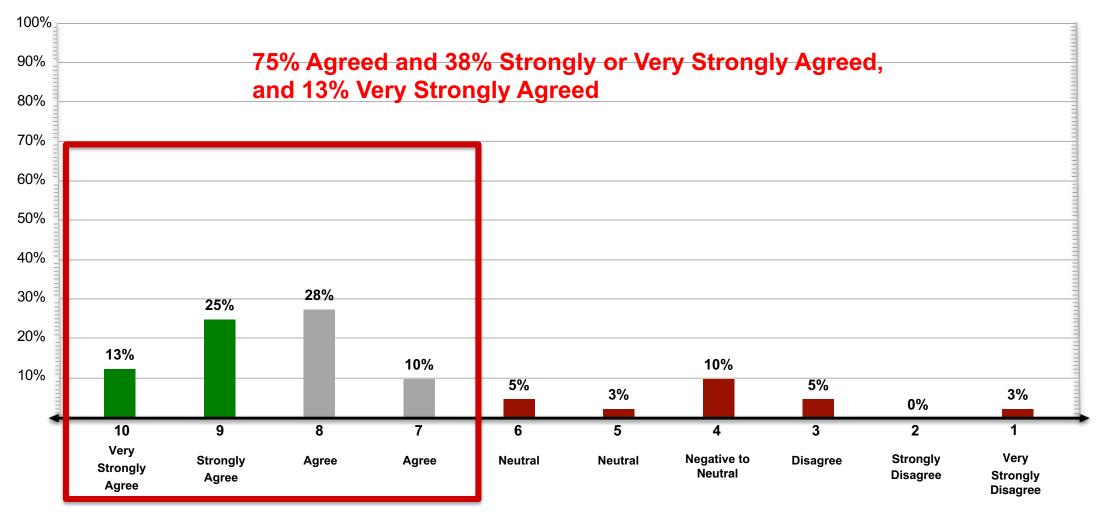
What information would help your family return to the new normal (Recovery)?

- Again a oz specific
- Consistent information from our leaders so everyone is on the same page.
- Constant information can be confusing. We need good solid info
- Developing a family plan-- have not done that
- Hard to say.. We keep up on daily county case totals, etc.
- I think we have a ways to go to define a new normal.

- Quick
- Realistic time limits to return.
- Vaccine
- We are constantly listening to and following the recommendations made by the CDC and country health departments
- When to be tested or is it a common cold?

Information at their level

My family has a plan to make them less vulnerable to epidemics in the future



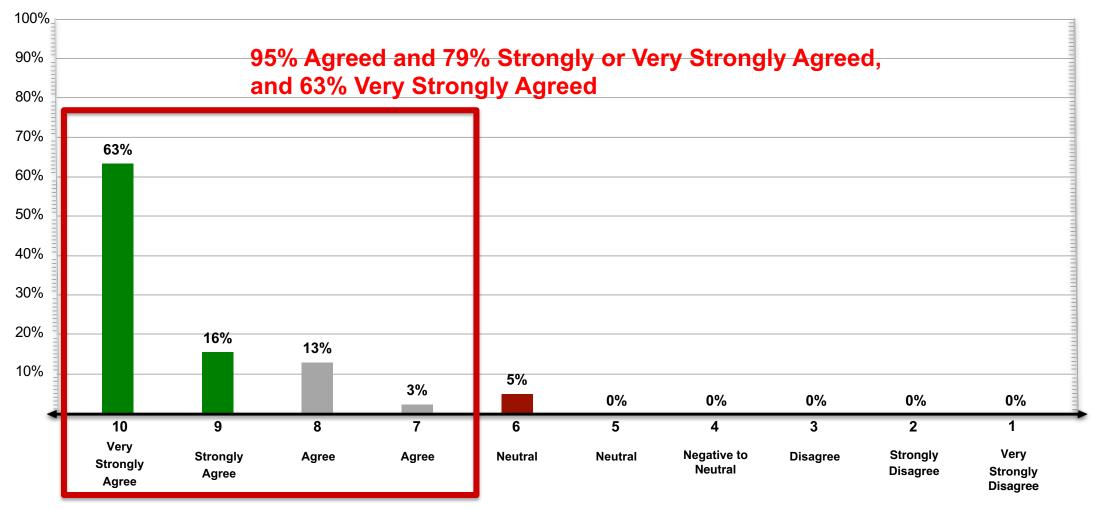
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What information would help you become more resilient in the future?

- Boost immunity and home care
- Continue to share this valuable information
- Education
- Keep us abreast of all the constant changes
- Maintain good physical condition.
- More of my coworkers reads my summary and watches your videos and webinars
- Printable guides.. I prefer reading over video at times.

- Remembering what we learned
- Resource info that is timely and accurate
- Socially distancing, hand washing and mask.
- When COVID is over

Changing behaviors of teens and young adults is key to beating the Coronavirus Crisis.



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My suggestions to help making teens and young adults leaders in becoming part of the solution are:

- Continue to show positive case experiences by younger ones to their peers.. And talk to them on the social media they prefer.
- Education is always the key!!! The more we can teach and demonstrate the keys to staying safe, the better.
- Education-education-education
- Give them examples of deaths of ages of their parents and what could happen if they aren't careful. A lot of the time they need to see something that relates them to the visual
- Give them the info in the way they need by their peers- i noticed very male dominant speakers need greater diversity- also must talk about mental health- we had 100 suicides in our state last lockdown- its not just physical but mental health. Thanks for the opportunity
- I think until it affects them and their families that will be hard to

do.

- Normalizing masking
- Parents must be parents
- Reinforce the facts
- Remove the political & media spins on covid-19
- Science not political
- Share the evidence and involve them
- Showing them how previous pandemics went over
- The family plan as discussed.
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